City of Rockville Senior Citizen Needs Assessment and Gap Analysis Web Survey Summary Report

Q1. What is your age?

Value	Count	Percent
Younger than 60 years	17	1.6%
60 - 64 years	184	17.1%
65 - 69 years	288	26.7%
70 - 74 years	240	22.2%
75 - 79 years	184	17.1%
80 - 84 years	89	8.3%
85 - 89 years	52	4.8%
90 - 94 years	17	1.6%
95 years or older	8	0.7%
Total	1,079	

Unanswered	8

Q2. Have you ever used or attended programs/services through Rockville Senior Center or Senior Services designed specifically for adults age 60 and older?

Value	Count	Percent
Yes	767	73.1%
No	283	27.0%
Total	1,050	

Unanswered	37

[If Q2=YES GET Q3; ELSE SKIP TO Q5]

Q3. In the past 12 months, have you used or attended any programs or services through Rockville Senior Center or Senior Services designed specifically for adults age 60 and older?

Value	Count	Percent
Yes	628	82.4%
No	134	17.6%
Total	762	

Unanswered	325

[IF Q3=YES GET Q4; ELSE SKIP TO Q5]

Q4. What City of Rockville Senior programs or services for adults age 60 and older have you used or attended? (Check all that apply)

Value	Count	Percent
Daily Lunch, Weekly Chinese Meal, Supper Club	129	21.0%
Information and Assistance	170	27.7%
Home care visits	18	2.9%
Emergency financial referral	12	2.0%
Senior Assistance Fund (SAF)/Financial Assistance for Senior Classes and Trips	23	3.8%
Wellness Programs and Screenings	137	22.3%
Counseling and Support Groups	65	10.6%
Subsidized Taxi Coupons	17	2.8%
Home Maintenance, Snow Removal	52	8.5%
Computer Classes and Technology Assistance	143	23.3%
English and Citizenship Classes	17	2.8%
Legal and Financial Counseling	46	7.5%
Fitness Center, Fitness Membership, Personal Training	307	50.0%

Fitness and Recreation Classes	348	56.7%
Day Trip Program (theatre, museums)	110	17.9%
Special Events, Birthday Parties and Entertainment Programs	218	35.5%
Clubs, Performing Groups	99	16.1%
Total	614	

Unanswered	473

[IF Q2=NO OR Q3=NO GET Q5; ELSE SKIP TO Q6]

Q5. Which of the following statements best describes why you haven't used or attended any programs or services through Rockville Senior Center or Senior Services? (Select all that apply)

Value	Count	Percent
I'm 60 years old or older, but feel I'm too young to participate in a "senior" program	81	21.3%
I don't need any of the programs/services at this time	104	27.4%
Financial reasons prevent me from participating in programs/services	12	3.2%
Transportation is difficult	13	3.4%
I don't know what is offered	89	23.4%
I'm not interested in any of the program/services	36	9.5%
I only recently turned 60 and became eligible to participate	26	6.8%
Scheduling of programs/services is not convenient	43	11.3%
My physical health	12	3.2%
My mental health	2	0.5%
I'm homebound	3	0.8%
My friends are younger than 60 and not eligible to participate	6	1.6%

The physical environment of the Rockville Senior Center is not appealing to me	15	4.0%
Location is inconvenient	21	5.5%
I'm participating in programs/services at other organizations	69	18.2%
I'm too busy	79	20.8%
Some other reason(s)	60	15.8%
Total	380	

Unanswered	707

[IF Q5=SOME OTHER REASON GET Q50; ELSE SKIP TO Q6]

Q5O. What are the other reason(s) you haven't used or attended programs/services through Rockville Senior Center or Senior Services?

I am still working and most programs are offered at times I am unavailable

I am not a resident of Rockville

I would be interested in a personal training session. However, to sign up for that, you have to be a member of the fitness center there. I believe that I should be able to sign up for a personal training session as a benefit of belonging to the Senior Center. As far as not using the other services, I really do not know what services are available. As far as the programs, few are of any interest to me.

I am still working full time

I live out of the rockville area and am drawn to the Rockville Municipal swim Center for the beautiful 50 meter pool. I have been taking swim lessons at the Y in Bethesda, not specifically tailored to over 69 group but accommodating whoever shows up.

I use the gym at Thomas Farm Community Center on a regular basis and really enjoy it.

I am participating in a basketball group aged 50 and older (not 60 and older).

I didn't feel the teacher at the one course I took, which was introductory for me, took the time to teach to those who were new. Courses like those at the center are offered at different locations. I do want to try some of the exercise classes at the center.

I did not know the center even existed....

Still working - will use the services when I retire. Most activities are not in the evening, thus, right now, they are not available when I could use them.

am care giver for husband who has Parkinsons an trying to interest him in SC but most of the things of interest are in morning and we can't get him up and out till afternoon

Gym air quality was not good. Always strong smell and stale air.

too tired after working all da

I dance with the Rockville Civic Ballet and the Senior Center does not participate with the ballet.

Process for registration for trips is terrible

I joined for a year and only used one program and so did not join the next, so did not want to pay the extra. I wish you did not have to be a member just a resident to get the lowest price. Even if they raised the prices a dollar for each, at least I would pay for what I used.

I just retired last year and would be able to participate. Also I live very close to the Baur Recreation Center which is where I would go since I'm not in the city of rockville. I'm outside it's limits to get any discounts.

I don't live in Rockville, so didn't think I was eligible to attend.

nOT AWARE OF PROGRAMS/ACTIVITIES THAT ARE CONSISTENT TO MY CURRENT SITUATION OR INTEREST

do not know the location and what program offerred

The particular classes I am interested are not bein offered.

I would participate if you had Archery.

Access from KF to SCenter could be facilitated with a driveway into parking lot off Guide Drive!!!!! You'd get a lot more participants.

Did not know that the senior age was 60 -- thought it was 65.

I'm a relatively new member and I am scheduled to participate in my first class 1/20. I do use the ping pong room and its great!

not fully retired and continue to work

Am caregiver to spouse 24/7 and he does not wish to attend. No one to stay with him during the week.

I still work full time and am not available in the day.

I am a resident of Rockville but of the city.

some of the people make me uncomfortable...

I recently retired, and I just haven't really looked into what is offered, yet.

Still working full time.

The programs seem appropriate for people in their 80's or 90's, not my generation (early Baby Boomer). The registration online is complicated. The classes only last a few weeks instead of six months -- before you get to know anyone, it's over.

My husbands health has been very problematic, hence I have difficulty planning activities (classes) in advance

I am currently very involved in other activities and programs. I haven't looked into what is offered at the Senior Center. But if I knew what was available I might take advantage of some of the programs.

my husband is in a wheelchair so I am needed at home. Also I live pretty far away so the time to travel there and back makes a difference

still working

Am away a good part of the year and staying busy.at other times.

I work full time

Work full time Haven't reviewed the offerings in detail

Just recently retired, so hopefully will be utilizing the programs/services shortly

Several programs I want to do require you to be 65.

I am too lazy .. I did not yet decide on what I need

Have used the gym in the past but the rest of the center appears to be a little old. Need more programs for younger seniors.

conflict with other appointments and schedules

Even though I live in Rockville [at 13112 Jasmine Hill Terrace Rockville, MD 20850] I have been told that I am not in Rockville city and I won't get any discounts!

babysitting for grandchildren during mornings, and in the summer.

I attend a water aerobics class many days of the week at the Rockville Swim Center. I also am a

classical singer and must attend rehearsals & concerts at the Kennedy Center. There is not enough time to start something new. I also am involved in my grand-children's lives.

I work full time.

I am still working part time

I am still working part time.

Spent time in another country.

ı

My husband is in a wheelchair and I can't get away from home for very long, so when I do it's for needed shopping or seeing friends.

Language problem

I do not speak english well

The center does not allow if I do not pay the membership fee. The center does not let me play table tennis if I am not a member

[IF Q1=YOUNGER THAN 60 YEARS GET Q6a; ELSE SKIP TO Q6]

Q6a. If Rockville Senior Center or Senior Services were to lower the age of eligibility to age 55, would you participate?

Value	Count	Percent
Yes	12	80.0%
No	3	20.0%
Total	15	

Unanswered	1,072

Q6. Where do you get information about program/services for adults age 60 and older offered through Rockville Senior Center or Senior Services? (Select all that apply)

Value	Count	Percent
Rockville Reports	435	43.1%
City of Rockville's website	255	25.3%
The Recreation Guide	745	73.8%
Rockville Channel 11	52	5.2%
Rockville Senior Services eNewsletter (sent via email)	86	8.5%
Rockville Senior Center Newsletter (sent via U.S. Mail)	375	37.2%
Local Newspapers	86	8.5%
Faith based organizations, such as churches and synagogues	8	0.8%
Community bulletin boards, such as those at libraries and apartment buildings	34	3.4%
Other agencies	25	2.5%
Social media (e.g., Facebook)	24	2.4%
Not applicable - I have not seen information about programs/services offered through Rockville Senior Center	73	7.2%

or Senior Services		
Total	1,009	

Unanswered	87

[IF Q6=NOT APPLICABLE SKIP TO Q8; ELSE GET Q7]

Q7. Overall, how easy or difficult is it to find out about programs/services for adults age 60 and older offered through Rockville Senior Center or Senior Services? Would you say it is . . .

Value	Count	Percent
Very easy	442	47.9%
Somewhat easy	273	29.6%
Neither easy nor difficult	141	15.3%
Somewhat difficult	60	6.5%
Very difficult	7	0.8%
Total	923	

Unanswered	164

[IF Q1=YOUNGER THAN 60 YEARS; SKIP TO Q17]

Q8. Do you use transportation provided by Rockville Senior Center or Senior Services to get to the grocery store, pharmacy or the Rockville Senior Center?

Value	Count	Percent
Yes	55	5.6%
No	858	87.3%
Not currently, but plan to use in the future	70	7.1%
Total	983	

Unanswered	104

[IF Q8=YES GET Q9; ELSE SKIP TO Q10]

Q9. Would your ability to go to the grocery store, pharmacy and use the Rockville Senior Center be reduced if transportation was not available through Rockville Senior Center?

Value	Count	Percent
Yes	44	81.5%
No	10	18.5%
Total	54	

Unanswered	1,033

[IF Q2=NO SKIP TO Q14]

Q10. What are the top three reasons you like participating in programs/services through Rockville Senior Center or Senior Services? Select top 3

Value	Count	Percent
Socializing with others	345	48.5%
Staying physically active	489	68.7%
Staying healthy and well	395	55.5%
Staying mentally well	183	25.7%
Pursuing hobbies and interests	146	20.5%
Reducing stress	72	10.1%
Visiting new destinations through the Trip and Tour Programs	62	8.7%
Advancing creativity	31	4.4%
Learning new skills	129	18.1%
Something else	50	7.0%
Total	712	

Unanswered	375

[IF Q10=SOMETHING ELSE GET Q100; ELSE SKIP TO Q11]

Q10O. What else do you like most about the programs/ services you've participated in through Rockville Senior Center or Senior Services?

computer courses

Clearly presented information

Learning something Convenient

Senior basketball

none of the above

Received help with "Retire in Place" evaluation of contractors.

When I did belong, the trips were great

Availability

Lectures

Woodworking

location

variety of legal/financial presentations

The Outreach Office's Martha McClelland has helped me for years with applications and financial problems.

I use the gym for my health. Everyone in the center is so nice.

Availability of computers/internet/ e-Mail.

learning about the village prgram but finidng other village programs based on volunteers fail over time Long Island and New York have what appear to be a better system and been emuating some it and it works

I don't need the senior center. I drive and live in an active senior building, Victory Court.

classes offered by professionals in the community-although rare-much appreciated

Information ie what's new for the year with Social Security and Medicare, flu shots

Not much

I have not participated in Rockville Senior Center or Services Program

Rarely use it -- only for computer services and most of them are too basic.

Receiving assistance for home maintenance, e.g. lawn mowing.

So far I've taken one class at the Senior Center, and it wasn't quite what I was hoping for. I do participate in an activity free to seniors in the rec center close to my home. I like the variety of services at the senior center, but being able to walk to my activity is a huge benefit.

Open programs for all residents.

Information programs such as health talks, history talks.

Computer services, classes, consultations, and professional services.

I don't participate.

Free quality movies

I am a volunteer in the Gift Shop. I have volunteered in the Thrift Shop also and appreciate meeting and assisting the wonderful seniors who have a place to belong. This Center is so worthwhile and helpful bring companionship and joy to seniors who otherwise would be home all alone.

I like riding the bus

family gatherings at Carnation (we rent the room) The room is in horrible shape, even though ,every time we have paid over 600 \$. The chairs need to be replaced ASAP.

All of the above are definitley critical to my well being. I just dont have the funds to do more classes or activities or socialize with my peers. I have to work still and plan on it for as long as I can.

Library

Quality source of important information.

finding info about house repair

Music classes that interest me.

As a volunteer it gives me much pleasure meeting and talking to many seniors. They have the opportunity of leaving a lonely home for companionship and meeting new friends. It is a wonderful place.

Convenient, reasonable cost.

educational seminars (e.g. financial) aimed directly at senior issues.

Voluunteer in Senior CLub

The Red Hat group allows me to meet other ladies and enjoy social time with lunch and trips. Have made many new friends thru this group.

Help with problems in my apartment

Helps with problems in my apartment.

If you werent here I'd be lost

Q11. How could the programs/services you've participated in through Rockville Senior Center or Senior Services be improved to better meet <u>your</u> needs and interests? (Select all that apply)

Value	Count	Percent
Night and weekend options	173	24.5%
More affordable options	118	16.7%
Larger variety of programs/services	183	26.0%
Increase transportation services	46	6.5%
No changes needed, programs/services already meet my needs and interests	305	43.3%
Something else (specify)	86	12.2%
Total	705	

Unanswered	382

[IF Q11=SOMETHING ELSE GET Q110; ELSE SKIP TO Q12]

Q11O. What other ways could the program/services you've participated in through Rockville Senior Center or Senior Services be improved to better meet <u>your</u> needs and interests?

Provide longer lasting learning opportunities over several weeks time. Provide afternoon programs that start at 3 or 4 and adjust bus times to accommodate.

A full directory of and publicity for many of the "hidden" services (such as DVD loans, Thrift Shop, recycling of eyeglasses/cellphones, etc.) Better new member orientation

Just turned 60 and use Sr. Center for fitness as less expensive than Swim Center. Haven't really used Sr. Center/Sr. Services for anything else yet. Sr. Center is really a daytime facility retirees and geriatrics, and doesn't really cater to young seniors who are not retired.

Provide services through facilities in addition to the Senior Center

Program options, and there are many offered, are listed in the Rockville catalog. So, I know what programs available. I simply do not find any of particularly compelling interest. In contrast, I do not know what services are available. I would suggest that you publicize the available services more.

Future transportation service need. Would like to have assistance in visits to health care providers. Also, need assistance in snow removal; Senior Center assistance is almost nonexistent.

I'd like to see all of the older areas redecorated and more nicely lighted. I'd like to have an area with attractive tables and comfortable chairs where there are coffee and bagles/sandwiches for sale conducive to socializing with people you meet there. A little like the a starbucks that has comfortable chairs.

More trips with more capacity for those trips.

Pay increase for staff to be more competitive with similar positions in public sector. Provide benefits to part time staffing positions to reduce turnover. Decrease reliance on volunteer staffing and donations ... That ship has sailed. Need recognition of a paradigm shift that all nonprofits face such that either fees are increased or budget is increased or both.

i paid for working in the machine room and was not able to get in there because I was shy and did not seem to find help

I use Montgomery senior centers for free mostly' pool league, duplicate bridge, and musical showswhen they changed the yearly membership dues i didn't use the facilities and quit the sports programs-bowling, batminton etc

More day trips and no lotteries. Available for more seniors.

I take classes through Johns Hopkins and that leaves little time for the Senior center

When I am ready I will propose a computer course in using Scratch. See scratch.mit.edu I think seniors might benefit as much as kids.

Different TV stations in fitness center.

Some of the senior exercise classes vary from site to site re. How many are needed for a class...Pilates had 5 regulars at Thomas Center and the class was cancelled One at the swim center.

had 3 and continued. Also the length of exercise classes labeled senior are shorter than adult classes. It seems seniors would need the exercise as much if not more.

There is nothing special about the programming which in my experience has been rather unimaginative and not competitive with programing at other senior centers most notably Holiday Park. Programs are a little pricey. The gym facilities are very fancy but not worth the trip.

Drop in fitness classes or other drop in classes.

more help on "aging in place." Finding assistance with locating a pool of people who could live in with free or low rent payments and help with heavy tasks or house maintenance issues.

More programs aimed at the interests of seniors in their60s.

In regards to the fitness center the policies and procedures need to be updated to reflect a younger, more fitness savvy population. Starting with the sign in procedures; too many and cumbersome. The policies for the treadmills specifically, are too restrictive (numerous sign ins attachment buttons and number sticks.. really?); younger seniors have many, many years of gym time and are used to taking control of their own work outs. Most also have personal trainers and know what they are doing on exercise equipment. On a personal note; I have had senior center staff verbally abuse me for "not following center protocol" which I found appalling. Also, music would be nice, t.v's set at shows OTHER than CNN or MSNBC or a remote available so members could choose.

better presenters

Lower cost for non-residents.

why does this survey not include the options of the Wood Shop and the Senior Garden

Because I live just outside Rockville city limits, even with membership, some programs have been full when I learn of them

I would love to participate in some kind of vocal group such as a chorus.

Printer easily available to print E-mail.

Sr. Center needs a facelift. Many rooms are dingy, outdated, with uncomfortable light and furnishings. Feels a bit like the welfare department or social welfare agency.

More programs offered at Thomas Farm Rec Center

Lived on Rockville for 46 years. Would like program to keep learning. I am caught in the middle class where there is no help for me even though I paid high taxes all these years. Think about us who are middle income. Get No raises but our bills keep going up n are retired.

Programs appropriate to Baby Boomers -- not dead yet. More offerings for intellectuals -- I do not play bingo.

Not sure. The only problem I have encountered is that some classes I would like to take are at times my schedule does allow me to take. However, that is my problem, not the Center's. Another issue is that I must pay for an entire program even though I know I will not be able to attend half of them. Again, that is my schedule since two of the exercise classes I take are full so Center would lose \$\$ if I did not pay for full class since someone else would.

Fix heat.

Mah Jong groups

Swim class inn aftenoon done in morning. I work partbtime

Better, more qualified instructors for fitness programs and perfomance groups. More variety of levels and kinds of fitness and dance programs/classes.

The schedule for the Tai Chi class I signed up for was changed often because the room was double booked and our class had low priority. Also the instructor was horrible...he had no idea about how to teach beginners. I stopped attending well before the scheduled end of the class.

To adapt schedule to those over 60 but still working. Classes should be scheduled during NO working hours.

Most of the classes are held from 10.00 to 12.00 in the morning. My Tai-Chi runs from 10.00 to 11.00 AM . I would like to go to other classes, including Computer, but almost all of them are taught at the same time. Any chance of moving them to PM, perhaps?

I WOULD LOVE TO HAVE A MASSAGE THERAPIST AVAILABLE @ THE RSC FOR MEMBERS ONLY, TO GET A WEEKLY(OR WHATEVER)MASSAGE @ A DISCOUNTED FEE. THAT WAY WE COULD FEEL COMFORTABLE, CLOSE COMMUTE & VERY CONVENIENT FOR US. GREAT HEALTH BENEFIT. I'D SIGN UP OFTEN! THEY SHOULD OFFER VARIOUS TIME LIMITS AS WELL: I.E. 15 MIN./30 MIN./1 HOUR, ETC.

Training with the Apple computer. And iPhones.

None of the options apply - we do not use the services of the Senior Center. We would like it if the Senior Center maintained a list of handymen, snow removal people, lawn mowers. We do not use the S.C. for our social life. We use TCRC for exercise which is much closer.

More at my local rec center

More aerobic classes, perhaps 3 days a week. Chris is terrific instructor and motivator. She also keeps it safe by regulating and reminding us about posture, abs to be in, and shoulders relaxed which is easy to forget.

Add more sessions for programs that routinely fill up, such as aerobics work out and brain fitness.

One more day a week of aerobics

I would like showers associated with the fitness center. I get very sweaty on the treadmill.

Maybe a one time trip to Fitzgeral Gerald drama/music productions.

have more club type group like photography. Teach how to play other games than bridge. Aging backwards daily exercise program.

For February birthday party it would be better to have Asian preforming entertainment since the center does not celebrate Asian Heritage month in May or Lunar New Year.

Massages, affordable yoga

Lower age of eligibility

need legal help public transportation info

Larger pool communicating the programs and center

I am too busy with other things in my life

PI improve the condition of the carnation room, especially the chairs, i have a huge celebration coming up in March. Would really appreciate if center has better chairs, not torn or broken chairs

Would or could someone fix the treadmill that is not working?

The place really needs a facellift. Many parts are dreary and dim looking.

i just found out that bridge is played on tuesdays at night. i thought it stopped long ago. i also have trouble driving at night for it

Being able to upgrade senior membership from any recreation center in Rockville.

I live in a CCRC that offers programs where I live.

We live in Montgomery Square, part of which is Rockville and part in Potomac. We live only 1 block from Rockville boundary, but are ineligible for most of Rockville services, including the less expensive senior center membership. Could anything be done to help us access the same senior services as our neighbor's?

More college level education

Learning more about computer, laptop, mobile and Ipad are the most imprtant subject that for me and some seniors are the necessary classes. If it offer free or with small fee it will be very helpful. As I am a painter and know a lot of senior painters trough Montgomery College, I would like to be in a group of painter that go for painting with one transportation as a group, or work in senior center as a group. I am a member of Montgomery Pleinair painter, but going alone and driving some of the places are very difficult for elderly people. Being in a group and transportation is good and safe. I know some painters they welcome this program. Best Regard. Malihe. Moayerian 02/23/2016

Add a senior center parking lot accessible to Gude Dr. To protect from neighborhood drive-through, it need not cut through to present lot. I hate having to drive around from Nelson St to reach the center when I live off of Fallsgrove Dr. It's a waste of time & gasoline.

Overall, I think the selection of programs is excellent, but I would like to have a drop-in crochet and knitting group started. Participants could bring their own projects and socialize while sewing.

Find out if people of all ethnicities are being helped.

More craft classes

There have been problems with EVERY trip I took with the center: arrived late, didn't do what was promised, meals ranged fro, terrible to inedible, seating problems at restaurants. I have taken my LAST trip with you?

The music class I attended was more elementary than I had hoped.

Live outside city limits must pay for programs; might participate more if no fees.

More Lecture Series

more morning Yoga classes, or early afternoon

More active programs for socializing

Open gym on sunday

Gym open on sunday

Lower age of eligibility

Add beginning drawing

Continue to bring new interesting new speakers and and lectures in addition to the ones we have. A coffee machine for when we want to have coffee and the lunch room is not open.

Quality in lunch preparation. Many foods are over cooked or oversalted. Many good foods go to waste because of preparation

Transportation to doctors appts.

Some classes that I wanted overlapped with my exercise classes so I had to choose one or the other.

Lower age of eligibility

It is important to maintain a well functioning and caring staff

Why best classes with 20 scheduled less than smaller classes? 20 people want Sharons chair exercise Friday class, but we need to go to Thomas Farm even though we can't get there.

Q12. Overall, how satisfied are you with the <u>variety</u> of programs/services offered through Rockville Senior Center or Senior Services?

Value	Count	Percent
Very satisfied	387	54.5%
Somewhat satisfied	198	27.9%
Neither satisfied nor dissatisfied	91	12.8%
Somewhat dissatisfied	30	4.2%
Very dissatisfied	4	0.6%
Total	710	

Unanswered	377

Q13. Would you please explain your rating?

The Center is a great place, but expanded activities and wider publicity can make it even better.

Making Outreach and senior Services the hub for Rockville Villages is very necessary.

The Senior Center has been a major postiive factor in shaping my post-retirement life.

The fitness room and trainers are wonderful. We have a great time in the table tennis room and truly appreciate the additional hours it is now open.

I had an eye program and there was no program to take me to the doctor or to swimming. IJ am well now but feel there has to be more services that are apparent to individuals living in this area.

Would like to see more/better communication of services other than entertainment/exercise. There is a great deal of excellent eldercare advice and information available from the city staff but no one seems to know about it.

times offered are for 80+ yr old who use the bus. little variety. staff fails to consider new ideas for discussion groups (can be self directed). staff is not welcoming. staff is difficulat ot find - never in offices. staff has little training in working with seniors.

I presently do not participate very much. I would have more to say when I do.

Meet my needs and interests. More available than I currently choose to use.

Just turned 60 and use Sr. Center for fitness as less expensive than Swim Center. Haven't really used Sr. Center/Sr. Services for anything else yet. Sr. Center is really a daytime facility retirees and geriatrics, and doesn't really cater to young seniors who are not retired.

VARIETY IS BROAD ENOUGH TO COVER A RANGE OF INTERESTS

The varieties of classes are fine, but wish the fees are more affordable, especially yoga classes.

Need more FREE classes on how to use iPhones, iPads, other new technology.

The variety of programs offered makes it easy to finding many interesting options. I enjoy meeting and making new friends.

There is a lot to do, but at this time I am not really interested. T

Wonderful services

There is a wide variety of programs to meet our needs

Have the session on metro tickets again and the legal person from Rockville again

no wz

City provides more than most agencies

I would like to see a few more evening and weekend options

Very happy with the fitness classes

I tend to attend programs of much greater interest in DC (e.g., Library of Congress, Smithsonian). However, programs at the Senior Center would absolutely be more convenient. However, I simply do not find most programs offered to be of interest. As far as services, I do not know what is available.

1) Add more dancing classes 2) Spread out the physical classes so that one can take 1-2 classes throughout the week without having them pile them all into just 1-2 days of the week

Should have more discount for swimming center.

Excellent services, excellent senior center staff

I mainly use/need the Fitness Center, although I have enjoyed some of the other programs at the Senior Center.

Fitness center closes at 3 on Saturday and is not open on Sundays or holidays.

haven't seen any classes that look interesting; I take classes through Oasis -- much more interesting

Popular programs become overfilled and additional ones are not offered.

Excellent service for seniors

ACTIVITIES are varied and interesting. Would like to see tap dancing classes at Rockville Sr Center.

I'm more interested in artsy things and profound discussions

Variety is limited. Cost of trips and classes are high.

The exercise program and computer training are exceptional.

could really use some classes in oil painting for beginners. Other classes, other than the exercise ones, are not appealing to me.

The activity is on time and well taught.

I have a full range of activities - including a garden in three seasons. Movies, library, and the occasional lunch. Very pleased.

I would like more craft and flower arranging classes.

I would like to see some additional "academic" programming -

As our senior population increases, we will need more help with day-to-day services such as home care or visits; a program like Meals On Wheels; someone to check on those of us who live alone, etc.

i'd like to see more dance classes and computer classes, and social networking classes

More activities in Spanish would be better

I think I would participate more if I was more aware of the programs

I do not know the variety of services at this time

would like more variety in morning fitness classes - between 9-10 -

Still working

Fitness Center follows school calendar and is closed on days when many would use it, including Sundays

On my class exercise day I can also visit the shops, work out at the exercise center, read in the library and visit eith friends

I hardly use these services, so I have no definite needs.

Probably haven't taken advantage as much as I should because of treatment

I like services offered, but more variety is better

All of the classes are excellent with very good teachers attuned to needs of seniors and yet challenging.

Once participated in bridge program, until some folks came who spoke a foreign language and got angry with each other. Spoiled the fun. Would like an enjoyable open bridge time. Personal trainer Gail was wonderful, but it was not helpful for Don's situation.

Good resources that I need right now. Gym, bridge group, classes. Nice to know other services will be

available as I need them, like transportation

The programs offered seem to be interesting and affordable.

The Senior Center is just a great, welcoming place to go.

Finally, I found classes help me understand technology much better. Mr. Hickman is an excellent teacher. He is very patient and teach very well.

The program's my husband and I attended were enjoyable and the people were great. The instructors were knowledgable and helpful.

I have enjoyed participating in the senior basketball (50 years and up). I am actually a Virginia resident but I have joined the senior basketball program in Maryland because no such program exists in Northern Viorginia.

need more afternoon/evening services and transportation

Really interested in bridge classes. Last class had to be cancelled because instructor was ill. A substitute would have been good.

Teacher was terrible

appears to cover needs of very many people

Class schedules sometimes don't meet with the transportatin schedules.

We're very lucky to have such a great center and workout facility.

Consistent high performance of staff for attendees.

I enjoy the painting class taught by Val Fry

It is not convenient for me to get to the center. Traffic downtown Rockville is not easy

i haven't been there in a few years

Very glad with the Senior Center

I only go to the Senior Gym.

Would like exercise classes to be scheduled in the a.m.

Would like more computer, social media, dance, and other classes.

I would there to be more programs of interest for younger seniors.

What rating?

I would like to see more educational classes offered

Please reduce the property tax of seniors or grandfather the ceiling, we can't afford the tax increases

I do not have much need

It has been a long time since I've used the Sr. Center. However, I was very satisfied with the computer classes I took there.

The senior fit program was way too crowded, to the point of being non-functional in the summer.

I have enjoyed and benefitted from each of the various participations I've had over the past few years.

I visit the center 4 days a week and enjoy it very much

I am amazed at the variety of classes and programs offered by the Center. I congratulate the staff for their creativity and hard work. I don't think I'd want to stay in Rockville at my age without the Senior Center and its programs.

no

no

Don't know enough about the programs to comment.

Exercise programs have kept me healthy and feeling good

The RSC is a great place to stay fit. Love the instructors and people at the Center. Classes are reasonably priced. Love, love love the Center.

a bit of everything available

Learning to play bridge is suggested by many doctors. It can be mentally challenging and a great way to keep the brain healthy and active. Rockville doesn't offer this class. One was held last year. The instructor tried to cover too much in one session, there were not enough sessions to make it workable, and he had family health issues that took him away for several sessions. It was like drinking water from a fire hose. Not a healthy or enjoyable way to learn new skills.

There is a good variety of services and classes.

I rad abut them in the rec guide and they always sound good.

I enjoyed the exercise class I took through Rockville with Carol--she was great! I also take a Senior Fit class at the center--nice and close to me!

Senior center fulfill my needs currently

The computer programs are expensive. I would like to try some exercise but do not know which. They used to have a trial day.

there are many choices and finding something interesting/fun to do is not difficult. I have really enjoyed the senior center and the friendliness and helpfulness of the staff.

It would be nice if more fitness classes were offered, specially focused on people's strengths and weaknesses.

Good programs, more than I can manage

The programs are so diversified they meet the interests of the senior population.

10

I only use the re reation programs now, but like to know there are other services available and that the Villages concept is being discussed.

The exercise classes my husband & I take are great & the Turning 65 seminar we took was excellent.

Like the offerings

same classes repeat

I like the yoga program but I go to the Thomas Farm CC since getting to the Senior Center is difficult.

Not inclusive of activities I am interested in.

Program I was interested in was cancelled

It meets my needs perfectly since I have some disability

I do not participate anymore. Not really interested in most programs and am pretty busy already.

Maybe when I get older.

I feel the Sr Center is an excellent place for seniors. It has some thing for everyone

I like the variety of exercise classes offered at both Thomas farm and the senior crnter

Would like more dance/exercise classes with more experienced and qualified teachers.

I pick what I want

Programs need to be expanded to include more excercise and physical activities. Water aerobics, senior weight loss classes, weight loss boot camp, etc. stress reduction classes as Seniors frequently feel overwhelmed trying to stay healthy, well and strong. I feel more technological classes with the computer, I Pad, I Phone, Facebook, Twitter, are needs. Learning these new skills will make seniors feel up to date and not so archaeic. It also helps us stay in touch with our children and grandchildren.

Currently I do not use the services.

I'm happy as is.

It is less expensive to maintain my \$30/more Holds Gym membership than to sign up for an exercise class at the senior center and I ca just drop in.

Do not wish to explain rating.

No complaints.

Good variety

No issues

A good variety of classes including art, bridge, exercises, dance, trips, discussions, computer classes and an excellent fitness Center. .

Offerings are OK but in scope and presentation very ordinary.

Senior center and swim center are easy to get to and they provide poos an exercise equipment that satisfy my needs.

excellent instructors

Wanted more art classes or other creative classes.

Like some programs, wish there were more help for people aging in place

Staff are very well educated and interested, care about the seniors of Rockville.

some repeats- need more variety

more intellectual programs rather than so many exercise & entertainment ones

Ample opportunities to participate in a variety of interests.

Plenty of opportunity, lots of classes, good prices. Wish there were more trips and will use transportation when I can't drive.

There is a wide variety. Something for everyone.

love all the exercise classes I take at senior center and Rockville pool

love exercise classes at senior center and pool

somewhat satisfied is my response (which keeps disappearing!). I think many of the wonderful offerings at the Senior Center are just a little short of well planned - all seem lacking in the fine tuning of details, execution.

Would like to see more senior discussion groups

I'm pleased with the programs I've used.

Some of my favorite classes are offered very infrequently. For example, A Modern Look at Women in the Bible is a class that I like. This type of class was only offered twice last year.

I'm easy.

Always something interesting going on and great opportunites

I have no complaints.

need more activities for active seniors

Good range of programs with competent staff and very good presenters.

Would like beginning Spanish, beginning bridge or Marjon.

I still work so would like a few evening (5:45 or 6 pm start) exercise or zumba classes. I cannot make the 5 pm start classes and so did not renew my membership this year yet.

I find few programs in which I am interested. Trips are of little interest. Several years ago there was a week's trip skiing at Tahoe, which was great and inexpensive. Something happened. I think one person had a skiing accident, and the trip never ran again. I no longer ski, but the trip offerings are scantv.

Staff is friendly, supportive and informative. Instructors are knowledgeable and supportive. The facility is up to date, lovely. Especially like the gym. Affordable.

n/a

I go to classes in order to be able to keep moving and be more or less in shape and the classes make a big difference.

Haven't used programs or services other than the fitness center.

very satisfied with services availibility

It is very easy to find out any information that you need either through the newsletters or website

Thoughtful range of options at an affordable price.

variability of presentations, some knowledgable others not

The Sr. Ctr., offers a variety of programs. I assume there could be improvements, but I don't know what they might be. I'd be interested in knowing what other possibilities there are and what other senior centers do.

I would like the fitness center to be open on Sundays and holidays.

The gym and the exercise programs are too expensive for me

Very happy with your services and programs.

Senior Fitness Center staff courteous, helpful, watchful. Equipment and facility are maintained in outstanding condition. Jusxt what we both need and want.

The Center provides a broad range of activity choices including recreation, education, health counsel and services, the opportunity to meet and enjoy others with common interests and the convenience of obtaining the best tasting peaches throughout the summer

Classes well taught, Good variety

I am mainly interested in the fitness programs/services, and I have been very happy.

Everybody helps me. I am very grateful for the Senior Center.

The courses that I have been enrolled in have been extremely helpful in improving my mental and physical well being including reducing my stress level which has reduced my blood pressure, etc.

Other courses have been very informative and educational. The Rockville Senior Center had been my salvation.

I've enjoyed what I've participated in, but it doesn't quite meet my needs. I haven't fully explored all the offerings.

I think the staff does a great job with programing. They respond to suggestions whenever possible.

Have not used many services so i believe I am unable to respond accurately.

I have a knee problem and would like fun, low impact activities.

R ST is a wonderful community resource and I have always enjoyed programs and classes I've attended.

I have several easy or Gold Zumba to choose from -- offered during the day.

I would like to see some new programs offered.

more evening and weekend

I believe RCC provides a great service to all who participate and hope to become more active soon.

need more variety in fitness programs to accommodate variety of seniors' conditions

I, frankly, feel that Rockville provides services to seniors at the expense of those that might be more appropriately targeted to younger people. Rockville seems to me these days to be not much more than a large open-air assisted living space for seniors. It does not augur well for the future that the busiest entertainment venue in town is Pumphrey's Funeral Home. We should be doing much more to attract young people to Rockville, but if anyone below age 60 contemplates moving here and happens to watch Channel 11 on Monday nights, they see nothing but geezers whining about this or that threat to their entitlements. If I were 25 and thinking about Rockville as other than a nice place to raise backyard chickens, I would see that and run screaming to Arlington, Silver Spring or the District.

Good variety. They do a good job. Miss the travel opportunities done earlier under Joyce which stopped when she left.

like to see more publication of what is available and web sites to go to. Could use what is available over next few months

I still work during the day so I cannot attend many activities.

I would like for the Rockville Senior Center fitness center to be open for a few hours on Sundays

I take fitness classes and for that purpose the choices are adequate.

I guess I don't know what I don't know. If I would see something that attracts me, I would probably check it out.

My interactions have been positive.

I am 82 but don't need the senior center. I have other outlets.

I enjoy many classes at RSC and am very satisfied!

Would like the fitness center to be open on Sunday for those of us that still work!!

not enough options offered to working seniors in the evenings and weekends

Sr. Center needs a place for people to meet for coffee and conversation. Perhaps there could be a small cafe with Windows, good lighting and chairs conducive to socializing with people. Could there be beverages and snacks for sale? There are many nice areas, such as the gym, but much of the facility feels tired and worn around the edges.

Something for everyone. I'm quite pleased.

Meets my present needs, computer assistance, home maintenance - free movies, thrift shop, library

I have used a variety of resources and found them all useful, albeit the usefulness varied, as one might expect.

more exercise programs at Thomas Farm Rec Center

Would prefer more weekend and evening options in fitness and cooking programs, as well as book club (my areas of interest).

Make programs more affirmed able so I can do more. Paid all these taxes

I make it a point when I receive the Guide to check out all of the activities that I want and register right away. The services that are provided by the Outreach Office are exceptional. I have used the services in the past.

I work until 3, need classes that begin at 4p.m.

I have tried a number of classes. The psychological ones I did not find helpful. They seemed to be geared for recruiting therapy patients rather than actually helping. The crafts classes either didn't interest me or got canceled for lack of interest.

I say somewhat since I would like for the aerobic class to be 3 times a week.

Very happy with the exercise classes for seniors. Makes a huge difference in well being that I don't think I would get otherwise.

I am an active senior. I don't go to the Sr. Cntr much because the people I see there are quite elderly, don't speak much English and stay in their own ethnic groups. Even in the fitness center, I don't feel energized because of the low energy level of the people who use the facility. I'm not saying the Sr Cntr programs and facilities aren't good - they just aren't geared to my lifestyle.

I just recently turned 60 and started using the services so I haven't had a lot of interaction to date other than use of the fitness center, which is very convenient.

Offers the opportunity to get involved with others my age. Classes are suited to my needs. variety of things to do

they make a great divertion

the courses are fine, but it is difficult to find more interesting ones

City dioes most of all overall countu

I need only classes for physical activity at the moment and I get them.

Most programs assume seniors are retired and they are offered during the day. If you still work you're limited in the programs to participate in.

Two much effort to make money

Rockville Senior Center Rocks. Adult Ed Classes, Art Classes, Exercise. I would like some more one time lectures.

Healthier and better balance since attending classes.

They have what I am interested in.

The senior program offers me nothing I want.

Would like more evening options

exercise facilities are excellent, but staying open on Saturday until 5:00 PM would be helpful.

We can always use more programs at the Senior Center in every category.

I take an art class at the Senior Center and that fills my needs at this time.

am not using the services

timing of classes not always fits my schedule. Would prefer daily zumba/line dance type of drop in class rather than Tues/Thurs or MWF specific days.

I am very satisfied with the programs and instructors. I have met nice people some of which have become my friends. I would like to have a Spanish class, at one time it was supposed to be offered but it did not come about.

I would like to use the center as a central place to learn about other senior services and events inn the county, not just those offered by Rockville.

Working during hours most programs are offered. Most classes seem to be more about entertaining things to do for much older audience

accidentally didn't renew my membership one year - and then got too busy to miss the offerings. would like a way to drop in occasionally on events

difficult communication with people and staff because of lack of sign language skills as u know communication is impt to keep your mind perky

I am currently using Rockville Metro swim center for exercise needs and the times classes offered at Senior Center are not possible for me to get there.

Seems ok

always enjoy the programs and services...great staff...always helpful

untrained instructors, little variation. I have had to start taking classes elsewhere though private studios and through the City of R. at other locations. Seniors in the classes I love at other City locations tell me they would never use the Senior Center anymore as the facility is "depressing" and the instructors are only interested in teaching "high school gym classes" even for the dance classes. All instructors who were dancers have left, moved, gone elsewhere, gotten pregnant. My input is not wanted and is rebuffed, ignored--I dare not say anything for fear of being labelled a complainer. The instructor has her "clicke" of people she likes and emails and sees out of class.

Fully satisfied

Have attended classes & programs at Senior Center in past & with my (now deceased) sister & sometimes my husband. Now my husband & I attend exercise classes twice a week. My husband is interested in using the woodworking shop at some point soon.

I guess I haven't checked out your program enough.

It would be good to offer classes two or three times a week rather than just weekly.

See my previous reply. Many cancelled classes and terrible instruction.

There appears to be a wide variety of programs and services offered by the Senior Center and, generally, the prices for classes are reasonable. And there are a lot of free services offered as well, at least from my perspective.

Physical fitness programs are very good.

everything I want to participate in is available to me

I'm still working but unable to attend classes during the morning, i am interested especially in fitness classes.

Need better computer classes and employment Counselling.

Would like more of the same

I have only been a member for a very short time. However, because I work it is difficult for me to avail myself to all of the programs.

Other Senior Centers (Ann Arundel for instance) ,have arrangements with local Community Colleges ,and offer classes on book reading and writing , plus overnight trips to NY shows, and visits to museums . We do not have them...

For my needs and interests at present, they are satisfactory. This may change.

had a variety of programs available

Like the offerings, Watercolor has allowed me to be creative and make new friends. We need more classes like this to stimulate us.

Don't use much. I'm too busy with other things.

no

Whatever programs Ihave used I have been satisfied with.

ok for my needs now

Keep doing more of what you are doing

Beautiful state of art fitness center

I'M THRILLED WITH THE RSC. I FEEL VERY FORTUNATE TO LIVE HERE & BELONG TO RSC. THE GYM IS MARVELOUS & SO ARE THE EXERCISE CLASSES & VARIETY. PLEASE KEEP THEM COMING!

Staying active and social

I currently get everything I need.

I'm still working and feel the programs are directed to retirees.

Really need training in the things mentioned previously.

Variety of programs - especially fitness. Free seminars to learn.

Thinking that for example, fun drum circle could be a weekly class rather than once a quarter.

Although, was slightly dismayed that the county took pictures without getting attendants' permission. What about a book club? Offer classes in knitting, crocheting, quilting, mosaics, fused glass, bridge, mah jongg etc. Older people like playing bingo. Think that RSI marketing could be improved. For example, during the weekend where trains were being exhibited, have short 15 minute yoga and chair aerobic etc classes that visitors and potentially new member could watch or join in. All in all, think you

What I do has been good. More would be better.

See answer to previous question. We do not use SC for social life.

do a good job and I like the facility and the people working there.

I know of services through a tour, and was very impressed. But my participation has been minimal to date, which makes responding to some of these questions difficult.

need more free classes about Kindles, iPads, etc

Sr. Center programs/services have sufficient variety, frequency and affordability to satisfy my interests within budget and my available time.

I didn't know about snow removal services for seniors. A central location for all information would help and pricing for people who do not live in the corporate limits of Rockville but live just outside of it would be good also.

Attend a number of classes each semester and use the exercise facilities regularly. Find the staff very helpful

Other than the fitness center I don't have experience. I would like more/longer hours at the fitness center

From tour of Senior Center clearly the variety of services and activities is impressive. For me personally though I would much prefer to walk to my local rec center than to drive across town to the Senior Center.

Don't find enough people go to the Center. There seems to be a specific group of people who take advantage of the program. Those people who really could benefit are not reached. The don't have Internet or necessarily read. Reaching those people is a challenge.

Low-income seniors need basic legal advice. The Montgomery Bar Association's legal referral service and the senior legal services available at a discounted rate are so inconvenient as to be worthless.

There is all that I need or want to fill my life right now.

Presently, I am not involved in the Center.

I usually find a talk or presentation of interest. I routinely enroll in exercise programs.

Conflict in the timing. Some good classes take place at the same time

Staff is excellent; always clean

The two art classes I have taken have been wonderful but it would be great if there were more art/craft options such as sculpture, pottery, etc.

many opportunities for seniors at the Senior Center...staff more than ready to help with questions, courses, etc.

The programs offered are fine. Perhaps more programs such as lectures.

sat

It helps me to be healthy.

Staff is very helpful and interested in being of assistance. Especially Chris Viers, Karen Lumpkin and Alexis DeAngelo

Need more crafts, photography club, and lectures, art/ history

Classes in art are readily available elsewhere. Could have classes in memior and journaling, though these are probably available elsewhere.

The senior center is a very large part of my life. The caring and knowledgeable staff make it great At the moment, meets most of my needs.

I enjoy the instructors and physical programs I participate in. Except programs are scheduled at the same times as programs I would also like to attend. Trips are fun and staff is great, patient and entertaining.

I've made lots of friends at the center companionship and socials. I enjoy the daily lunch. I keep fit with use of fitness room.

Same programs earlier in the day

Great programs which focus on seniors.

I believe that the senior center programs and services are outstanding. Not many communities other than Rockville do as much. Thank you Mayor in Council

Love the gym and helpful staff. Having a great time exploring new classes as time and finances permit.

So many programs, not enough time!

Peron always answers my questions

The rockville senior center is a wonderful resource offering many different choices both for physical exercise, but also health, financial and social interests.

I don't participate.

Would like additional programs

I would like to see some variety in courses, such as language classes to learn Spanish or Chinese

I love the fitness classes offered by the Rockville Senior Center.

Keep doing what you are doing,

I mostly use the fitness center, though I sometimes watch table tennis and shop in the thrift shop. I also but seedlings in the spring.

There is so much to do that it is nearly impossible to do everything you would like to do. But that is not a bad thing! It would be nice if some well subscribed programs could be offered at multiple times but that may be impossible. Overall I think the senior center does an outstanding job of providing a wide variety of activities. I have greatly enjoyed my membership and being a member has made my recent retirement interesting and fun.

have been using fitness center for years. it is well equipped, the staff always helpful and courteous.

It is just wonderful! I learned in computer classes to gain confidence. I exercise and dance with the group and my physical strength improved greatly. I just joined three months ago and I can't believe I didn't know about the center sooner. It is just such a good thing to happen to me to be a member at the center

Don't have enough experience to answer.

Meets my needs or exceeds them. Senior Center Staff are very caring, fun and happy place.

There are some times more than one thing is happening at the same time. When I can only go to one, seems to be Tuesdays.

All multi-sessions exercise classes are too expensive for me. Need quarterly orientation sessions. I've been a senior center member for 16 months and still don't know a lot of programs/services due to the lack of orientation.

Currently ideal.

There is a variety of services but i suspect there are other possibilities that I dont know about. Are there some. Are there some services in the county that Rockville doesn't have and which would be appropriate?

Need to expand mental fitness. Games like canasta, majong. Additional dance opportunities, like line dancing.

I love being associated with the center. It is a very welcoming environment.

If you give a place of joy to I person it would be worthwhile. Friendship is the most valuable gift you can give to lonely people.

Those interests that I have are readily available me.

Would like more evening and weekend options as I work full time.

I do personal training with Lee Rideout. He is an excellent trainer!

Quality of many of the classes is poor. Presenters are often not well prepared, not very articulate, or are promoting a service for a fee. The garden plots are poorly promoted, hence there are many vacant ones that are "weed farms" that adversely affect actively maintained plots. Fitness Center is excellent.

Very good services and well organized programs

I cant speak for other classes but Arthritis helped to keep my muscles in shape.

No complaints

See answer from before.

I would like English classes at least 3 to 4 times a week.

It would be helpful to have a listing posted of members hobbies and interests so we can connect on our own. For instance, I am an illustrator and have published a childrens' book and my husband and I are amateur radio operators.

I love the senior center, just wish I could encourage more people to follow my husband and I. Thanks for all you do! Love everybody.

I am very satisfied because they offer a variety of programs at different times.

I am very satisfied because this place offers a variety of programs which are made possible by the transportation office.

Would like more trips, even abroad travel.

The programs at the RSC meet my needs for exercise.

The services provided are convenient, well run and pretty comprehensive. The staff is always competent and helpful.

Variety of services, programs, and classes is excellent, and the staff is GREAT.

I enjoy the classes I have taken.

some people that teach classes need replaced

outstanding facilities and staff

Have not tried them yet

I wish the fitness center had Sunday hours.

I am satisfied don't like the word somewhat but that what it says.

Don't need any of the servies

Like the Supper Club and entertanment.

Would appreciate if my request is looked at.

There is a good variety of programs offered at the RSC--fitness, hobbies, movies, health info,

transportation, & more. And the staff is a large part of the success of the RSC.

Have programs for Asian Americans

Personnel is courteous and knowledgeable.

Rely on Ring House for trips

So much to do! Variety of activities!

I enjoy coming to the senior center and making friends and staying active.

Excellent instructors for history/education classes.

Excellent programs and staff

I am too old to take part like I did when I was younger and able.

Costs are affordable

I have only been a member since October so I am still learning about what this center offers. I would like to get certified for microsoft office and other cyber security information. I also would like to learn French. I used to be a paralegal years ago and would like to see classes offered in estates and trusts, more business classes.

Would like iPad classes, smart phone help.

Have more one day classes for a variety of health issues.

The staff is wonderful stating with Chris and Karen, and Chris all the way to Karina at the front desk.

The staff is wonderful starting with chris veis and karen lumpkin to chris klopfer, also Karina at the front desk.

I don't use all the services. I just join last September. I plan to do more because this center offers a lot of exercise class es and technical classes which I do want to participate in.

They meet my needs and interests.

Would like the Fitness center to be open on Sunday - otherwise, very satisfied!

My current needs are being met. At this time, I don't need anything else from the Senior Center.

Would like more Sat and Sunday hours

i just join the senior center but have used the exercise classes

always looking for new things to do

Some cost too much such as trips.

I don't understand this question

Excellent exercise classes

There are plenty of courses offered

Great programs and instructors.

I am satisfied with the fitness room.

I like the programs in which I have been involved.

good

More than I need now

cost of membership rose too high for the little i use it

The senior center is a beautiful facility with excellent fitness teachers and a helpful warm & friendly

front office staff. I think Rockville does a wonderful job of meeting senior needs.

I learned a lot.

I use the woodworking shop. It is well equipped and has suitable hours.

It meets the needs of my wife and I

I enjoy the variety of options available thru senior programs.

The combination of computer skill classes and physical fitness classes works very well for me.

ease of use you can participate at you own pace

Nο

They do an excellent job

I only use the workout room and socialize elsewhere.

Both I and my mom used Rockville senior services. I like the variety of offerings and the reasonable costs.

The exercise equipment meets my needs

Covers everything

I have not attended Senior Center programs since we have such activities where I live.

Weekend and evening not available

I found the quality of the programs to be quite high.

I have not participated enough to really know.

Since we live one block beyond Rockville limits, we cannot afford to pay non resident fees for senior center programs, tho we would very much like to do so.

I have Rockville zip code, but does not in the city limit. I paid much higher rate. Hope you can treat us the same as city residents

I always feel there is availability of new programs and improvement.

I am a 78 year old male who participates in senior basketball (50 and over group) 2 to 4 times a week. I have been doing this for about 18 years. I am a Virginia resident and Virginia does not offer this opportunity

no

I can give seven out of ten Because of the fees and lack of some clacces.

The center offers a variety of classes & programs that appeal to different segments of the population.

But I have looked at classes & have found few that appealed to me.

I am very satisfied but engage only in very limited use of programs so far.

Excellent diversity with something for everyone.

The instructors of my exercise classes are terrific. They make exercise FUN.

I attend when I can, hope to attend more in future, like what I have been to.

Excellent programs and staff

I take a class when it is off great interest to me-- I have no feelings one way or the other

It's difficult to get to the fitness center early enough after work, and the weekend options are very limited.

I'm happy

I took Sr. Fitness classes at the senior center but there was no variety and the classes were not challenging enough.

Good

I am getting what I am putting. Was the City going out to help most people; I am not sure.

Need more computer classes.

Like the Fitness Center and enjoy the movies and occasional computer classes.

only use the gym

Outstanding variety of classes and workshops. Staff is always helpful, very good instructors.

all services that I would need are available

It's a great place! With wonderful people, members and the people that work there.

need a larger variety

It is a wonderful way to age in Rockville. I also am amazed at how many of my friends use the exercise classes and can't wait till they sign up for the next class. It is great!

It meets my needs and allows me to perform volunteer activities to give back.

Excellent

I haven't investigated all programs/services, so I'm not sure of the full scope

The programs I participate in are very interesting and keep me coming each semester. Enjoy the instructors too.

I take classes a JHU but if i did not, I would find many wonderful classes at the Senior Center. I simply do not have day time available.

satisfied with those I use. Little interest in many.

I have, up until now, only taken aerobics, which has been amazing.

There is a wide range of programs/services available and all very convenient.

I already did. See previous answer.

I don't know all that is offered, but I do like a number of the things that are offered - exercise, movies, talks.

There are a lot of events and activities provided.

8

A university level class would be more appropriate for me.

There is no where else I can go that is educational, reasonably priced and in my neighborhood

They help me to be in a good form

There is a good variety of classes available.

The person who runs the golf program does an excellent job.

My main interest is improving quality of life by keeping mentally and physically fit, and the Rockville Senior Center does both very well.

I'm really satisfied that there are such great accommodating services for senior citizens and equally satisfied that I can participate in these services!! I can drive to my exercise classes and it's not too far!

At present do not attend senior center.

There are many opportunities for a variety of activities.

I did belong to the Rockville senior center 2 years ago and I may join again in the future. I did enjoy it but for now I prefer going to a private yoga studio that teaches more advanced classes. For now I can't find the extra time.

I've never used the senior center.

Would like to see the twitter class given again

Just seeing beautiful people have a place to meet new friends and make their lives more pleasurable with a place to go and so many activities to take advantage if interested. The lunch program is the best way to interact and the many activities (both a fee and free) to take advantage of.

I drive so use Oasis and Soar services more than Rockville Senior center services. These two offer a wider variety of educational programs. Also I live Ina senior building that offers a wide variety of, programs.

Senior Fit's frequency and routines are very well suited for our age cohort.

I would like to see pickle ball offered.

I loved a dance program at the Rockville Senior Center. Lately have been busy with other activities.

Have not yet retired, still working full time. Not a lot of free time to pursue senior center activities.

Programs meet my current needs and interests

The center is near my house and meets my current needs and interests

Only use fitness center, great equipment at modest price, would like more weekend hours, not critical, understand cost may increase, willing to pay more

services are excellent.

Would like to see more activities in the evening.

Would like more on gardening & science. It has been better this year - keep it up.

like to see more varieties to be offered

always room for improvement.

I have always found the classes to be interesting, and I learned a lot especially the computer classes.

The other classes met my needs. I liked using the machines in the exercise room.

The RSC has the finest instructional classes of any senior center I have visited.

There are many options of programs to enjoy, learn, and grow. I have always found the center to be welcoming and helpful.

It's not the variety, but the limited times they are offered

Senior Fitness Center is clean, well-managed. Equipment is modern and number of machines grows with time.

-

want more yoga, very hard to get in to only yoga class twice a wk and cannot go on fridays

-

I'm a relatively new member of RSC and, thus far, only use the gym as often as I can. Just walking through the building, though, affords me the opportunity to be aware of the multitude of programs &

services that are offered. There are bulletin boards throughout the building that are filled with opportunities to take part in a multitude of programs which I am looking forward to doing in the near future.

You have a wide option of services & programs. How can anyone Not have choices!!

I did a swim exercise program but found it too monotonose. Every classwas the same and not challenging enough for me.

I think they are fine but I am involved with other groups at this time.

The variety of programs is fine.

Would like to see classes on computers, social media like Facebook, Twitter, I phone and I pad offered more frequently than once a quarter. Also more free topics like safe investments for seniors and things we can do to Safeguard our finances.

Satisfy with the programs is offered at the Center.

I believe that the fitness center may be among the best in the County

No organized activities for socializing opportunities

Organized socializing, sport & travel activities

wood shop facility

Most everything I would expect is at the Sr. Ctr. One suggestion would be to address genealogy stuff (eg., classes and/or a club, etc.)

Currently meets all my needs

need more fitness programs during week 5 on.

staff is always helpful and polite good selection of activities staff welcomes input great place to make new friends

Would like reinstitution of Yoga Flow; otherwise, very satisfied...

I guess don't know what is available for me and my husband.

I enjoy the Center and am motivated to go because of these factors: I enjoy the exercise classes; the instructors are phenomenal - especially because they understand older bodies and can work the classes accordingly. And are upbeat and positive. They keep me coming back and motivated about my health. The 'symposiums' (First Ladies) (how-to talks) etc have been excellent and well presented. Now I want to try a few 'craft' sessions. The facility is clean, well-run and everyone is pleasant and helpful.

I am satisfied

I find it easy to participate in all the programs offered at the center..

We need meals on wheels in this area. I had an elderly sick neighbor who was unable to get this service tho she lived just outside the city limits of Rockville

I mostly attend the birthday parties and red hat activities and they are always fun.

I only come to the Center for one group but I have found answers to many of my daily living questions through their various resources.

ease of accomadation personell very helpful

I have been treated very well. I have used the exercise programs but I am in school and it takes time

to plan to come to the Center. I do enjoy it when I am there. Thanks.

Current scheduling does not allow me to take advantage of activities I am interested in.

I only have time for the programs currently offered

My main interest is physical well being and the Senior Center provides that at a price I can currently afford.

Very good

The gym and staff are always helpful for me.

I mainly use the gym and find the facility and staff to be outstanding.

Provide excellent service and nice environment.

Great center, and good surroundings.

Nice people and excellent service

I can meet more people

This is the place I first encounter with all seniors.

My main use of the Senior center is for fitness/exercise classes. It is great that they are designed for seniors (our unique problems and ability differ from younger more fit people). The classes are appropriately focused and enjoyable. The director does an excellent job and the teachers are superb.

Would like a drawing class to be added.

Top notch exercise programs and instructors! Health programs are very informative and on point.

There are so many things about our center that make it fun and educational. The staff is excellent!!

They are always helpful and caring about our participation and enjoyment in everything we do here.

We need to make sure that others don't steal them away from us. It wouldn't be the same without them.

I just enjoy being here either participating in classes or hanging out. Our center is the very BEST!

Current programs can be improved with hands on lectures and classes.

I wish I could do more, there are currently class conflicts or too big a gap of time inbetween. So I dont participate as often as I should/ would like to.

Instruction moved too fast for me

have taken exercises classes at Rockville senior center and Rockville pool love the classes and the instructors and staff at both places are wonderful. I

If I have a particular wish for something I know I can communicate it to the center's officials.

need more free exercising programs

I liked some of the programs but they made me feel not welcome because I don't look old enough for them.

There is no need to explain they were my choices and opinion

I live outside the Rockville city.

more activity

Like the educational and learning classes to keep my mind working, Peeking at the Presdients and the art classes. My mother with early demetia and I took classes together and really liked it

There are many, many activities for those with diverse interests to participate.

-

Wonderful Center

_

Sometimes 2 of the drivers are rude to passengers. Two others are wonderful, helpful and friendly.

_

Sometimes two of the drivers are rude to the passengers. Two others are wonderful, helpful and friendly.

Wonderful center

The services provided are convenient, well run and pretty comprehensive. The staff is competent and always helpful.

The program at the RSC meets my needs for exercise.

Would like more field trips, even abroad travel.

This place offers a variety of programs which are made possible by the transportation office.

I am very satisfied because they offer a variety or programs at different times.

I have special needs and assistance which have been met by the good people who work at the senior center. For example Martha Mcalland and other outside people like Tom Hopangarder

I would be very satisfied if we could have Sunday hours at the fitness center.

We like our services

I consider this facility to be near perfect for a variety of participants.

I would like too see more affordable water fitness classes.

Love the buses

The cost of some services are too high for me.

Q14. Would you use programs/services through Rockville Senior Services if offered at one of the following locations . . .

Value	Count	Percent
Thomas Farm Community Center	226	24.0%
Twin Brook Community Center	83	8.8%
Lincoln Park Community Center	20	2.1%
Rockville Swim Center	265	28.2%
None of these locations	308	32.7%
Some other location	39	4.1%
Total	941	

Unanswered	146

[IF Q14=SOME OTHER LOCATION GET Q140; ELSE SKIP TO Q15]

Q14O. What other location or neighborhood within Rockville would you use services through Rockville Senior Services?

New Mark Commons Clubhouse or a restaurant or theater
the library
KING FARM COMMUNITY CENTER
Town Square
Pump House
king farm area
Rockville Senior Center on Carnation Dr.
Rockshire
City Hall
North bethesda
near Nelson Street
The Village of Rockville senior living
Senior Center on Carnation Dr.
city hall
Senior center
Baur recreating center
Smith center
Civic center Mansion
King farm
King Farm
rockville town center
town center
Rockville Senior Center; area gyms & pools faith communities facilities
Civic Center
Falls Road area
Nearer Wootten and Falls
Rockville Senior Center
king farm
King Farm
King Farm
white flint area
If possible Shady Grove universities.
?
Rockville Library or Robert Frost Middle School

along seven locks rd	
Civic Center park or Croyden Creek Nature Center	
Holiday park senior center	
Plum Gar	

Q15. Are there programs/services that you or others would like to participate in that as far as you know are not currently available?

Value	Count	Percent
Yes	252	27.5%
No	666	72.6%
Total	918	

Unanswered	169

[IF Q15=YES GET Q16; ELSE SKIP TO Q17]

Q16. What programs/services would you like or think others would like to have available?

A mentioned earlier, afternoon and longer term programs. Promote the idea that the Center is an active place, not senior day care! But there are services for all. The staff does an outstanding job.

Programs associated with some of the outstanding performing arts organizations int he DC metro ares like Washington Opera, Shakespeare Theater, Arena Stage, Naoitnal Philharmonic, , National Symphony, WPAS, Museums, an affiliation with Smithsonian Associates or national Geographic. You do not have to reinvent the wheel - the City should be making connections and partnerships.

specialized eprogram such as aging backward classes

Book club Photography club

self directed women's and men's and co-ed discussion groups. lectures no presented by people trying to sell their services. look at OASIS!! - terrific programs.

Many boomers aged 60 and over are physically active and see retirement as an opportunity to get healthier and follow our passions. … It is not the end but the next stage in life. Rockville's current senior center and programs are seen as quasi-nursing home. Non-retirees need early evening and weekend classes/ events - maybe light dinner or wine/beer tastings and speakers or social activities during the week. Also, more physically active classes, short-term community service options and adventure travel trips and speakers.

Ebook readers(KindleFire,iPads); How to use,down load from library,etc. Have Mont.College help seniors learn on a regular basis.

session on metro tickets and public transportativ'on also again the session on the library person from Rockville govt

A well-equipped 'Maker' center would be nice. 3D printers, welders and plasma cutters, CNC engravers, etc

Line dancing

Bike rides on paved trails, off-road, like the Western Maryland Rail Trail. The city would provide transportation for bikes and riders as well as experienced staff to help with minor bike problems like flats.

Need help removing snow from sidewalk and driveway.

Don't know.

more educational offerings like those offered by Oasis more interesting trips like those offered by SOAR

Chair sit and fit

Don't have any suggestions at this moment.

More tris

As I said before, it would be wonderful if you could have a beginners oil painting class with a teacher who could really help the students progress.

More language classes

Crafts Flower arranging

Tai chi

Professional tax return preparation Transportation to medical appointments More health screenings

Delivery and errand assistance to help: - Take mail to Post Office - Purchase groceries - Pick up

prescriptions - Provide home visits - Deliver meals

n/a

Evening mild fitness programs at Thomas Farm

Na

Variety of book groups

Pet care classe Geneology classes Sewing classes Pottery classes

Pilates reformer

Smart phone - Android system

Perhaps a monthly check by a nurse of blood pressure. I don't know if this is currently available.

Don't know

Trips fill up very quickly and are very much in demand. Why not have multiple busses going on the trip so all interested can participate.

beginner Adobe

i really would like to try line dancing of something similar

More meditation, Qigong, social dancing, tap dancing, square dancing, and computer classes pilates, various lecture series, films

Check the offerings of OASIS, Gaithersburg Sr Ctr, Mont. Co. Sr. Ctrs for ideas and benchmarking. Mah Jongg lessons, the Age of Love film/speed dating, evening dance/sock hop, John McCarthy (states attorney) to do sessions-- he is supposed to be a great speaker, wine appreciation classes, dating after 65

More lectures and knowledgeable speakers.

Pickle ball

Living trust , will, where to stay when we are old

Would like a more active exercise class, such as Jazzercize for seniors.

More computer classes

Ballet

Computer programs for MAC, IPAD and IPHONE. More guest speakers as OASIS has on various topics. More local tours

Bridge

Pottery

Great Decisions, Foreign Policy Association

Line dancing Drawing Painting

swimming for joint replacement patients

have personal trainer available within certain hours at the Gym in Rockville swim center so that we can use machine correctly.

Classes on Mac computer

Hot yoga is not currently available at the Thomas Farm CC

Computer; instagram, blogs etc.

Archery

Exercise classes with a option to use a chair

Financial investment, financial advice, understanding the stock market, developing a budget.

Local hiking.

Am Pilates before 10 Zumba in the morning

Aqua Zumba using dance not exercising to music!

Oil painting, basic drawing. On prior question can't pick more than one. I also would take classes at swim center. Senior Center first priority, then Thomas Farm.

Ongoing support group for aging in place

I went there only exercise and reading. It was drab and a boring experience. Need dancing and trips with room for all Togo. Ex. Casino or shows. Age appropriate themes like 5fifties. Sixties etc.get togethers I ran out the door when I went there.

1)Shuttle via Gaither to local movies/restaurants at Rockville/Rio- 2)Shuttle via Gaither to Osher at MCC on Boschert.

Shuffle Board, evening Bocce ball if we had sidewalks, lights and overhead cover for Bocce court. More fused classes. More funding resources for seniors encounter financial aid due medical and drug evrr-increase ever-increasing costs. Trip to Gettysburg and more sailing trips. Perhaps sure met summer and fall on Cumberland to Frostburg train scenicline.

Pickle ball

Virtually all the programs at the Senior Center are doing the day on weekdays. Like most 60-67 year olds, I work during this time.

More trips available to more people

Book clubs and discussion groups

A Rockville "village" program

Offer a class on public transportation available to seniors; foreign movies; Weekly discussion groups focused on a different topic each week.

Yoga

how to sell on ebay

See previous note!

a zumba class for more athletic people, not the current one offered in the evening.

Trips

Counseling for early stage dementia.

More mid day exercise programs

Pickle ball

Social groups Lectures

Educational classes, such as OASIS, held close to home and during the day.

Perhaps there are no cardiovascular exercise that are sufficiently low impact classes other than swimming. I do not enjoy getting into cold water.

Pottery Class

Help with HOA compliance (yard, home maintenance, repairs) Help with compliance with government requirements (driver's license, taxes, etc) Help identifying reliable and reasonably priced repair services (some are variations of scams) Easier borrowing and returning of library items (DVDs, books, etc.), such as a scheduled delivery or pick up at home or in local supermarkets. It is difficult to reach the Rockville library. Workshops open to all on tool use, advanced internet security systems I am subject to many scams every day via phone calls (some threatening), malware, etc. It takes too much time and effort to defend myself. A bus service, selected hours per day, that goes to selected places around my house (such as supermarket, post office, and a few other locations) Cost of living increased substantially. Access to low cost hair services, car repairs and basic maintenance, perhaps at my home to minimize multiple trips

Senior center used to do Bridge classes, at several levels. I would like that.

As already mentioned I would enjoy singing in a chorus.

crafting classes and groups

more water based programs; adult day respite care; support groups for caregivers

Badminton for Senior

need to see full list

Pickle ball

Someone to advocate for seniors dealing with issues such as Verizon, Pepco, Washington Gas, etc. It is extremely difficult for seniors to navigate all other phone prompts and to finally get to the point where they can explain their problem. My neighbor is 91 years old and has phone problems for the last month and has difficulty with getting her lines repaired by Verizon. Help is needed to lessen the difficulty in getting services rendered. Please help asap. Thanks

I'm not sure, but I would like to become more informed about the "electronic era" that we are experiencing. Our kids are more informed than we are.

Exercise and educational classes evenings and weekends- to drop in and drop out basis- a card to use for those classes attended on an ongoing basis

Dance classes, crochet classes, more martial arts, like qigong,

Gardeing

I would like help on building a website.

As noted above, evening and weekend book clubs, fitness and cooking.

Line dancing, history of the Sixties, much more crafts, alternative politics, assertiveness for women, classes for the visually impaired, rock n roll music, art and crafts from third world countries.

Geared to more active and fit seniors - hikes, trips,

Meditational yoga, not just "senior yoga". It is exceptionally therapeutic for people with chronic

illnesses and doesn't require much physical stamina. Also known as "nap yoga" because you frequently fall asleep during one of the few long, restful poses during the session. It is, in fact, encouraged!

Programs for working seniors. How to work effectively with the fast changing technology, working with the younger generation.

More one day lectures. The DC area has many qualified persons to do that.

Thomas Farm Fitness Center

mah Jong classes

good movies in the afternoon more often

Employment opportunities, occupational counseling, continuing education counseling,

Low impact yoga

Some Poetry reading, Book discussion, general experiences of Seniors etc.

I would like to suggest adding Bone Builders. This twice-weekly exercise class is sponsored by Kaiser Permanente and I believe Suburban Hospital. I currently take these two classes at the Potomac Community Center but I'd prefer to take it in Rockville, either at the Senior Center or at the Thomas Farm Community Center.

Spanish classes

dancing, playing cards, swimming, jogging, theatre trips

Advanced Dental Services ex. Dental Implants

Sunday hours at the gym

wii fit in all locations

any kind of dance

Tai Chi with other instructors

Mah jongg

Ballroom dancing Square dancing Coffee House with open mike. Small coffee lounge to meet with friends.

Would like on site nurse or health person full time, as previously Would like lawyer part time on site as previously More Tuesday night dinners

Programs that can be given during evening hours for those of us still working.

Trips to museums, etc. and theatres. Broadway Shows

Language courses (French, Spanish)

Place for seniors to meet with each other where they bring their laptop/iphone, to teach, learn from one another. A problem solving forum I guess but ongoing or available daily.

Offer the same class twice, many fill up.

Publisher classes at computer lab

Classes at Thomas Farm

Mah jong

snow removal rates are too high for senior seniors and those who are physically unable to push snow

Snow Removal contractoes for seniors homes. Especailly if you want folks to remain in City

SEE earlier re: Massage therapist. Please have a massage therapist available as much as there is an interest. Held on various days, times, & appts. Offer a discount for seniors & open to RSC members only. This would be sooooo convenient & appreciated for my health & relaxation!

trips on weekends

open studio art classes

Apple computer courses. iPhone courses.

Ballroom dancing lessons How to cook when you have physical limitations

See previous comments. Thanks.

Swimming Balance class

Ballet barre class. Introductory bridge. Cafe environment for socializing during the day. Singles events.

Less expensive day trips

More advance difficult senior physical fitness activities. I think that activities at the Rockville Senior Center are taught to include the least fit individuals in the class. Maybe presenting the activity for the least fit and offering additional intensity for those that might be able to do more.

Qugong

Shuffleboard

It would be marvelous if a lawyer could provide free, basic legal advice at the Senior Center a couple of hours a week, in much the same way that a volunteer provides free financial counseling.

a senior network or "clearing house: directory

Coffee machine. Lounge room

basic woodworking, basic home repairs, etc.

wood carving, photography, and art and history lecturs

Am taking a yoga class at swim center since there is only one pure yoga class offered at the senior center and it fills up fast. Memoir and creative writing class.

Bone Builders

Supper club more often

Dance classes, Italian classes, sewing classes, drum, circle.

Legal aid clinic

Weight Loss Learning Hebrew and American Sign Language

more evening classes, and language classes

A class on bonsai growing A class on flower arranging

I would like a metalworking shop, offering machining and welding.

swimming exercises at the pool; coordination with the pool, currently I pay for membership at pool and at senior center.

Pickleball instruction for beginners.

About other smart phones, not just iphone.

More drum circles. Very invigorating while calming at the same time. Also great for engaging with others in a different experience. Would recommend once a month or at least four times a year (:

More academic offerings and/or book discussions.

Not sure, haven't thought of any right now.

I want to only say that the trips are very expensive, I can not go with.

More dance classes

Wish I could think of some new ones. However more exercise classes would be nice. They get filled up so fast!

Bingo Fantasy Football

Aging backwards daily exercise program. Greater variety of photography classes, teach about how to transfer photos onto computer and organize. How to use your iphone, ipad, download music, and apps. More trips, so hard to get into them that I dont even try. Would like more music and art classes.

Free or subsidized transporatation to grocery store, pharmacy, movies, lunch with friends.

Advanced art classes with good instructors. Bridge classes Drop in art projects

Computer skills

Writing groups

Slow dance class. Drum circle was awesome.

I would like computer classes to be offered in Spanish. I would also like services and classes about heart attack prevention to be offered in Spanish.

I would like more programs and classes offered in Spanish. I find the programs and classes interesting but do not attend them because I dont understand English very well.

Weight loss class, dieting/ maintaining weight.

health services, legal service a lawyer available for seniors

fitness center, computer training, socializing events

Meals on wheels program,

RSC birthday parties need to have Feb or May includes Asian American to reflect big Asian American population. Feb have a lunar New Year Festival, May is Asian Pacific American Month.

Use of fitness center at Thomas Farm and Swim Center when the Senior Center is closed and these facilities are open

See question 13. 1) Theater trips to Kennedy Center, Olney theater, f scott fitzgerald theater. 2) Social dances 3) Aging classes and how to better take care 4) Jogging group 5) Walking groups 6) Cooing classes 7) Nutrition and diet classes 8) Movie nights 9) Political science club 10) Local trips to orchards, county fairs and parks for picnics.

More programs devoted to mental health. Dance classes. Balance classes that do not require mat work. Class using jokes to make people laugh. Inadequate parking on days when special activities are scheduled.

Cooking classes

Swimming

More water exercise classes

Stock options class that was canceled.smaller computer classes.

WIDER SELECTION OF TRIPS

Many people come for Senior basketball on Wednesday morning (9-11) at Thomas Farm, but we are

limited to half a gym because it is not a dedicated time for Senior basketball.

Housing that is not limited to income - because while one can feed oneself, and tries to be independent, then he or she you may be considered "making too much" for spacious/decent housing - impossible to own a home.

Assistance with taxes, a wider range of activities.

exercise for more able seniors

(1) living trust (2) bone builder (3) Taichi class

Paintin group. Different nationalities gathering. Consulting family problems. Consulting senior personal problems.

As mentioned, a social sewing group.

Tutorials on Apple Computers Tutorials on Cell phones

Programs catered to people of Indian origin.

Line dance . Group piano, yoga ,art and craft, travel. Exercise ...

More arts and crafts. Reasonably priced as they have been.

bridge lessons, book clubs

Spanish Language

Attorney's assistance at no or discounted fees to form a will

To open Chinese class for people who likes to speck Chinese

Yoga

Pickle ball and shuffleboard.

Yoga. Meditation computer or social media classes.

twitter

dancing class.

Bridge in the evening

Financial planning

computer

More art classes

more Yoga classes

Pickleball Bonsai Flower arranging

More line dance classes for excercise.

At one time the city offered hiking trips for adults and women I really enjoyed those. For some reason they no longer offer those

Socializing, travel & sports

see earlier suggestion - i.e., genealogy stuff. Also designated translators for other ethnic groups that don't communicate very well.

would like to see team sports offered a little friendly competition. I believe the success of the Bocce Program is a perfect example of members enjoying the friendly competition!

More Yoga Fitness Mah Jong Group Weight Watchers Meeting Site

badminton for seniors, ? ball (like tennis)

Intro to Italian language

Culture and health lecture

Lean more computer

Line dances

Piano and t'ai chi classes with sword or fan

beginning drawing

More financial and trust programs and lectures about how to prepare a will

Living alone, cooking for one. More meditation, mental enhancement opportunities. Caregiver support groups.

Bus trips to malls

visual art classes

kettle bell classes

will let you asap

my response to this was, 'don't know' but that was not an option

Bus to Swimming pool

Bus to swimming pool

Weight loss class, monitoring weight, weight management.

I would like more programs and services in spanish. I find the classes and programs interesting but I do not attend because I don't understand English very well.

I would like computer classes offered in spanish. I would also like services about heart prevention to be offered in spanish.

Another chair exercise for arthritis.

Community activities where young and old work together.

Q17. Are you currently . . .

Value	Count	Percent
Fully retired	639	66.6%
Retired but working part-time	106	11.1%
Working full-time	126	13.1%
Working part-time	48	5.0%
Unemployed, but looking for work	8	0.8%
Unemployed, but not looking for work	6	0.6%
Other	19	2.0%
Decline	7	0.7%
Total	959	

Unanswered	128

Q18. How likely or unlikely are you to remain in Rockville once you retire completely or now that you are retired?

Value	Count	Percent
Very likely	642	67.7%
Somewhat likely	151	15.9%
Somewhat unlikely	53	5.6%
Very unlikely	32	3.4%
Not sure	70	7.4%
Total	948	

Unanswered	139

[IF Q18=SOMEWHAT UNLIKELY, VERY UNLIKELY, OR NOT SURE GET Q19; ELSE SKIP TO Q20]

Q19. What factors would influence your decision to leave Rockville? (Select all that apply)

Value	Count	Percent
Cost of living	103	66.9%
Being closer to family	34	22.1%
Health care needs	18	11.7%
Taxes	76	49.4%
Housing	41	26.6%
Weather	40	26.0%
Other	30	19.5%
Total	154	

Unanswered	933

Q20. Which best describes your home?

Value	Count	Percent
Single family home	623	65.7%
Townhouse, condominium or apartment	272	28.7%
Assisted living residence	6	0.6%
Nursing home	0	0.0%
Senior independent living	35	3.7%
Other	13	1.4%
Total	949	

Unanswered	138	

Q21. What is your gender?

Value	Count	Percent
Male	291	30.6%
Female	661	69.4%
Total	952	

Unanswered	135

Q22. What is your race or ethnicity? (Select all that apply)

Value	Count	Percent
American Indian or Alaskan native	5	0.5%
Asian or Pacific Islander	71	7.5%
Black, African American	41	4.3%
Spanish/Hispanic/Latino	45	4.7%
White/Caucasian	746	78.5%
Other	10	1.1%
Decline	45	4.7%
Total	950	

Unanswered	137

Q23. What language do you primarily speak at home?

Value	Count	Percent
English	846	89.2%
Spanish	26	2.7%
Chinese	44	4.6%
Another European language	6	0.6%
Another Asian language	16	1.7%
Decline	11	1.2%
Total	949	

Unanswered	138	

Q24. What was your household's total annual income in 2015?

Value	Count	Percent
Less than \$24,999	67	7.1%
\$25,000 - \$49,999	118	12.5%
\$50,000 - \$99,999	212	22.5%
\$100,000 or more	268	28.5%
Don't know/Decline	277	29.4%
Total	942	

Unanswered	145

We are very interested in your interests and experiences with programs/services for adults age 60 and older. Is there anything else you would like to share with us about programs/services in Rockville? We are interested in hearing what's working well as well as what could be improved to better meet your needs and interests.

Make a large publicity push to reach more seniors to inform them of all that is available -- Chamber, Faith based groups, more effort from the PIO, etc., etc.

Rockville must engage in partnerships with public and private organizations that are expert in what they do. City run services should meet gaps in service. we desperately need market rate housing with first floor master suites for people in housing that is not in the \$450 K - \$800K range - much of Rockville's single family units. Most active seniors do to want olive in age segregated housing. Other than a few ramblers, Rockville has NO housing suitable for a couple or an individual moving from a 3 or 4 bedroom single family home. The shortsighted adequate public facilities ordinance resulted in short term apartments. a handful of age segregated/income limited apartments, and \$ million+ single families - now coming \$million+ townhouse. The major problem is housing. In looking to downsize we have found lots outside the city limits - NOTHING inside.

My needs are being met.

For 10 years I have been studying printmaking at Montgomery college. I would like serious art courses offered for seniors in other places also.

needs: more transportation options; better pedestrian options; safer, better lighted public areas; more affordable senior living communities; assistance with aging in place; information on what is available and where in Rockville.

look at S. Center budgeted FTEs and number of volunteer hous - the Center is a total failure. what does the staff do?? accomplish? the management needs a major clean-out.

If I stay where I am now and get to the point where driving myself is not an option, I would welcome a service whereby I could get to the grocery store and to the library.

NOTHING COMES TO MIND

Line dance class for seniors?

Rockville Senior Center is trying hard to meet the seniors needs. I think many programs are too expensive, (computer training, iPads, etc). Apple offers free workshops on all there products. Fitness programs are also expensive for many seniors. The S.C does a good job with many social events & the monthly newsletter.

The senior programs have been a blessing to me. Senior trips have enabled me to traveled to many places, on my bucket list. In addition, I have been exposed to many new experiences.

Taxes are too high for folks to remain in Rockville. Many folks seek other locations for retirement.

Given the aging of our population, am very interested in the Village concept, allowing more folks to age in their homes

Work to lover taxes for those 70 and over to help us to remain in Rockville

had bad experiences with the iphone and facebook teacher please replace her I am very upset with her ability

mo

You offer some very interesting programs/classes that are only during the day - work hours.

I am not a Rockville resident but like to participate in activities offered.

The senior center could support bicycling by providing loaner bikes, frequent off-road organized rides, and a shop with tools and staff to help people fix and tune up their bikes.

Rockville Senior Center has excellent programs, excellent staff

I would like to use the Gym at the Senior center but as I still work full time the hours are not convenient (opens too late)

I have enjoyed access to the Rockville Pool and was glad that it was open as long as it was=though the water and weather were colder than you might expect for swimming there were a number of people that enjoyed the unusual opportunity. I don't thing the enthusiasm was limited to an age group. On the last day the pool was open I attended and was surprised to see a woman swimming who might have been my age or older. Thank you for asking about what I have enjoyed about my activities with the Rockville Aquatic Center- Almost forgot-My grand daughter from out of town, joined me at the pool and the days swimming there with a little friend I think were the high point of her visit. The water playground and slide were great hits and I have watched kids playing there all summer with great enthusiasm. Really I admire Rockville for putting together such a wonderful facility. If you want to ask me anything else feel free to call William Mills, 301-656-4490

Don't have any at this time.

As previously noted, more week-end hours for fitness center.

programs and speakers at Oasis are far more interesting than those offered at the Senior Center the trips offered by SOAR are far more interesting than those offered by the Senior Center I do my fitness workouts at the Thomas Farm Community Center and not the Rockville Senior Center because the hours are much much better the Senior Center is walking distance from my house but I never go there because there is nothing of interest for me also everything at the Senior Center seems aimed at really old seniors and not enough of interest for those in their 60's

The Rockville Municipal Swim Center should not allow private swim lessons by the swim team coach for a swim team swimmer during lap lanes for the public. This frequently happens during afternoon public lap lanes. Also the center keeps the pool to warm for lap swimming and the locker and public areas very cold. It should be the other way around. Cool pool and warm locker room.

Swim Center open for early bird on Sunday (6 to 7:30am)

It's hard to say. I used to go to the gym at the Senior Center but then I shifted to going to the Swim Center gym and haven't been to Senior Center in at least 2 years. I have lots of friends and we get together frequently. Not sure I have any need right now.

I fully enjoy playing dedicated (no one else in the gym is allowed) senior basketball at Thomas Farm and appreciate the opportunity for doing so.

More for seniors in actvities.

I love the exercise classes that are held at the Thomas Farm Community Center. However, the environment for exercise classes could be better. They got new fans but they don't oscillate, so although the intentions were good, the fans aren't appropriate for an exercise class.

Already spoken to in previous questions.

It looks to me that you are running a fine program

A few members today suggested a current affairs discussion group -- the election season is so hot and people are eager to express opinions and seek others' opinions.

Much prefer classes with participants of diverse she groups. All seniors is not my kind of fun.

a better diffusion/distribution of news of interest to seniors..thank you.

I enjoy the programs and especially the fitness center.

I want to remain in Rockville but do not have a family to rely on. As I age I will need more services so I can remain in my home; I live alone. I'd like to see here the type of senior services provided in other parts of the country, where everyone helps each other. Also, I feel that the types of services requested by me earlier in the survey should be provided considering the very high City and County taxes we pay here.

When I was a member of the senior center it was always closed when I had time to go on weekends!

How can I take advantage of day trips.

Tai chi class awful instructor. Make sure quality of instructors is higher level Zumba Gold class way too advanced for audience....attitude not nice toward lower ability participants.

Some of the swim classes are offered at times when the pools are too cold

Exercise opportunities are excellent

I really enjoy the fitness classes as well as the fitness center. I've met other people and find the exercise extremely beneficial. My husband usually joins me and he also enjoys the classes as well as the fitness center.

Would like a warm water pool for water exercise.

Duplicate bridge

No.

It's perfect the way it is!

I love the Rockville Swim Center, it is great to swim in the early morning or in the evening.

I have done deep water exercising at the Rockville Pool. Otherwise none.

Senior basketball at Thomas Farm is outstanding

I need help with yard cleanup and snow shoveling

I would like to have transportation to help me attend classes at 9:45 AM, or all classes should be scheduled from 10:00 AM so that I can use the Rockville Senior Center buses to attend the classes.

Most interested in happenings on Mon afternoon & Wed. afternoon most wks.

I own an apple computer and found out all computers and classes are for microsoft

i sort of quit sports because of a balance problem and possible heart condition. i still play at golf and bridge and playing music

I tried the fitness center, but found the person showing me the equipment, just put too hard to do more than I felt comfortable. I am professionally knowledgeable and experienced in fitness and that approach leads to injury. I have not returned. I have taken classes (swiss ball etc.) and the instructor was not using the ball's special advantages. I did not sign up again. Staff are not up to date or properly trained.

Since I am still working, I don't have much time to use all your services.

More morning exercise classes would be good instead of later in the day. Would like programs at Thomas Farm.

I would very much like to see the decor updated... furniture reupholstered, more pleasant lighting, painting, general facelift. people talk about meeting other people there, but there's no area conducive to sitting and talking. Coffee, pastries for sale. Cafe?

Range of fitness and wellness programs is good

The gym needs more bicycles with arm exercises.

Senior adult day care that is affordable Grandfather our property tax so we to stay where we are and also set up will and living trust

no

I attend classes and lectures on a variety of subjects, work out with a trainer, travel and volunteer. It's difficult for me to walk long distances or to be on my feet for long periods of time. I don't take group trips because I don't think I could keep up with the group's pace..

I would also like programs to be located at Bauer Community Center.

Programs about complementary medicine offered in the county/city.

I love the Center !!!!!!!! They are always coming up with enriching and enjoyable classes and events.

I am in my first year of membership. I am impressed with the amount of classes offered

Rockville swim center is the best value in town, under new manager extremely well run plus the exercise facilities but those tend to cost more than the Senior Center but are more easily reached.

nothing

The staff are all personable and very helpful. The use of handicap equipment, i.e. wheelchair, was very helpful but needs to be listed somewhere as I happened upon it by chance. Computer courses for MAC, IPAD and IPHONE would be great.

The contractor evaluation was useful. I have enough recreation, but it would be nice to obtain assistance with projects, such as home projects that will permit me to continue to live in my home.

Would like a service of someone to come and shovel snow.

Some classes, not necessarily senior, are only offered during the day. I work full time.

If you offer classes or other services, provide participants with meaningful surveys that allow them to give feedback without backlash. Make sure whoever reads the surveys is not involved in the activity. People tend to become defensive. Honest feedback is ignored or outright dismissed.

The gym at the senior center is really very nice, but many of the other spaces are reminiscent of a nursing home. Maybe a change of wall colors, art work and furnishings would give the place a more modern feel.

The Senior Center is great; used to belong but now with classes 24 weeks, family, and other, just too busy.

65 year olds aren't old--we are capable of doing what 30 year olds can!!

current events drop in discussion group afternoon movies - you used to have this cooking and baking classes

My experience has been great! I have participated in many different activities and the RSC has made my recent retirement an easy and fun transition.

Bring back the line dancing class

Science Tuesday program is great

I wish they would offer more day trips.

I am doing all I need. THANK YOU

At the monent, I'm satsfied with what's available.

I think you try hard. Right now location and times are not convenient for me.

At this time, the programs that are available are meeting my needs.

I am practically interested in whatever city of Rockville has offered just wish to know/inform when and where and what kind activity/programs.

more on technology like the iPad etc

It would be helpful if the Senior Center had a relationship with the Montgomery College and the Universities at Shady Grove so that senior could easily audit courses.

We could use an Archery program.

I am not a Rockville resident but would like the opportunity to take classes at a reduced rate and to join the Rockville Senior center for less than current amount

I have been fully retired since 1/1/16 - so I do not have a firm handle on what I want/expect from the City programs.

We attend a lot of programs at Temple Beth Ami Like two hour lectures on current topics or tours to places of interest. I would go to a tour of cemetery where FScott Fiitzgerald is buried or a discussion and tour of s Muslim mosk Or introduction to new math to help grandkids.

I teach a course on Torah commentary. See https://sites.google.com/site/rishonmeir/rashi Would you like such a course in the Senior Center?

I go to the Senior Center for its Chair Exercise classes to keep as fit as I can at my age - 90.

Since I am busy with grandchildren and politics, I do not have time to use your facilities. One thing I would like is financial/estate classes/information.

I only use the fitness center to keep in shape.

Have drop in exercise classes.

Would like Rockvile walking club.

I'm happy with what is offered

I am a member of the facility on Carnation Drive and I hope to have free time in the future to take advantage of the programs offered there.

Rickville's high taxes and fees, together with over development, congestion, decline of city services...force retired folks to consider moving out. Crowding at swim center is a big problem for me...Population doubles, but swim capacity does not increase.

Nothing yet. I am new to the center

Just because we're older than 60, doesn't mean we have to go slow and listen to music from the 40's!

More ping pong tables would be helpful.

Gardening being my main hobby and avocation, I noticed that the senior center has one. Very good idea! How about setting up a way for seniors to take some Master Gardener classes?

My mother in law is 92 and lives in the City of Rockville. She is afraid to join any groups at the Senior Center. Do you offer any outreach? to kind of invite people to the services offered? Thanks.

Would like to have a physically active women's group that would do sking, hiking, kyaking, skating, go on trips, etc.

Love the Rockville Senior Center and gym facilities.

Haven't taken any programs

My aunt and I did enjoy the local outdoor concerts the big band era. I also thought fees for stuff was scary for those on a budget.

GREENSPACE in KF is critical! The holding ponds need continual cleanup so we can enjoy a healthy walking environment. Truck traffic diverted thru Gaither is polluting airspace now. Additional planned traffic bisecting KF blvd to Metro (CCT) monsterous invasion of greenspace!

More Baby Boomers would join Senior Center if there was a place to hang upbeat cafe style area within center. The Lobby with frail seniors and we need to serve lower functioning seniors-but it is not very inviting for active 60 year olds and hwalthy, appealing food options need to be improved. Maybe contract with local restaurants i.e., The Bean Bag, Crem Cafe, Woodside Deli, Carmen's Italian Ice to regularly provide healthy salads, sandwiches, GOOD COFFEE AND TEAS, along with smoothies on daily/weekly basis. This would expand eating options @ Senior Center and offer new financial opportunity for local businesses. Perhaps, various businesses could take one day or one week a month, to stock, staff and run an in -house Café the Senior Center.

transportation and access issues that are more pedestrian friendly; parking; communication of what is available for services

Not sure what the room is called, but the "lounge" at the sr center is drab and unappealing due to lack of light and out of date furnishings, could use a make-over if funds were available.

I would like to see evening senior courses, especially transitional workshops on retirement planning (both financial and in terms of life style--renovating a house to live in place, health insurance ins and outs, etc.)

Senior Center is great!

Love the water aerobics classes at Rockville Swim Center

Better communication regarding programs, specifically, lunches/food programs;

No comment

Would like to see evening bridge classes

None

I very much want the Age in Place movement to succeed so I do not have to move myself and my handicapped husband to a CCRC

More activities for baby boomers who are young at heart and active. The Sr Ctr appearance is getting better with the new workout facility and the new wing.

No

The ping pong is working. I like the way the center is set up with all the different rooms and activities within each room

I use the Swim Center. It's a nice facility, albeit the men's locker room could be given a good scrub down as mold has accumulated on the walls.

Exercise is good for you. I wouldn't do it unless I had to go to a class!

Just turned 60, so at this point the only senior benefit I've participated in is reeducated theater ticket prices.

An updated fitness facility that caters to active seniors and is available 7 days per week.

none

Nothing to add.

Wood Shop, Senior Garden, and fitness center are my top interests, As a APPLE computer user I would enjoy a monthly discussion group to share hints on using Apple.

Advice about doctors who specialize in geriatrics and who accept Medicare in area

I use the Rockville Swim Center frequently (2 days a week or more) at present for activities such as Swim for Fitness because the activities are most fitting for my health and age at present.

I appreciate all the help I've received at the Senior Center. I only get about \$400 per month from Social Security, and have no other income. They always do everything they say they will do. They have connected me with the help I need. They are more knowledgable than me. They are very pleasant to talk to.

The Wellness Center, and the Fitness Center have been extremely helpful to my physical and mental well being. Also the courses in Senior exercises like Yoga, Triple Zen, Qigong, and others have been wonderful for me.

I'm really thrilled that there are so many services even if I haven't used many of them. Having the Senior Center and its programs makes it possible to consider retiring "in place."

I think we are fortunate in Rockville. I know when I no longer drive I will use many of the available services that I don't need now.

it would be lovely to have spouse attend a group with other men (he has had 6 of his male friends pass away in the past 2 years), as he does not know new males. Cards? Discussion group?

Trips to museums and sites in Washington, DC. We are so fortunate to have them so close to Rockville.

Services do not match my needs in life. I can entertain myself, read, write, pay bills. However, the

bureaucracy of life is too complex; there are too many errors. If I do not get a bill or do not pay on time, I get severe penalties and complications. Paying bills should be easier. Dealing with government agencies should be easy. Too many unnecessary or poorly designed rules. We need competent government: not more, not less.

Swimming lane availability open to all

Hang on to popular and effective instructors. They make all the difference.

The programs currently offered are excellent but it would be nice to have more on gardening and cooking.

You always seem to assume that seniors are not working and offer programs mid-day, I am working. Evenings good. Sat or Sun also nice.

The gym and physical activities are great as are the trainers.

Senior center needs more space so that additional programs can be offered; senior services need better publication to Rockville seniors; assessments of programs should be made public

As I wrote earlier, Rockville does quite enough for seniors. The city seems well on its way to becoming the Senior Housing Capital of Maryland, but precisely what this excessive focus on the elderly has to do with improving the tax base by bringing commercial and retail business to the city is not immediately evident. Rockville Pike is a disgrace and the Mayor and Council waste everyone's time talking about internal city governance matters that no one cares about. I swear I saw someone younger than 80 walking down North Washington this morning and I will bet there are others scattered around the city. Reach out to them and create opportunities for them to become involved in the city. Otherwise, it won't be long until we become widely know as Rockville -- Only a Short Drive to Gate of Heaven from Here.

Would like to see badminton offer for senior only.

Would like to see more classes that cover continuing learning like history, art, health. Would like to learn how to play card games. Would like physical exercise classes. Would like classes on health like brain function.

Exercise classes have broad range from vigorous to chair exercise. Clubs such as mineral group meet here as added advantage. Birthday, Christmas, holiday parties are nice for socializing. I have not used gardens yet, but that is good to have. Concert held here was nice.

Staying in Rockville long term depends on Rockville Village prgram with more services not volunteered but funded thru other mechanism as NYV and one Long Island city is doing. Found a health care company willing to come into a condo envirement and provided share care services so costs are not so high per individual to encourage stay in home. Silver Spring has one facility doing this and making fulll care possible at a lower cost I current use a health care company for all my transporation needs where sign and sign out is nececcary for procedures. I use the lyft car system while not being aboe to drive due to surgery. I am just opposed to Rockville volunteer based program over the long haul it does not work as other cities have found out. The elderly and disabled a lot rather not use a volunteer.

Why bother. The staff are very satisfied with what they do for the seniors and do not welcome any changes or suggestions.

I would like fitness classes in early evening

A strong advocate for seniors when they have a problem especially with the utility companies and other service providers...

I love the fitness center but I wish that it could be open on Sundays and / or holidays.

To date I have only taken fitness classes and attended a few seminars and classes. I have not had to ask for help or particular services but hope they are available when I do.

I guess I would like to meet more people in my retirement age who are interested in the same things that I am, mostly enrichment in music and the arts. Probably my husband would like to meet men who have "stories" to tell about their days in the construction days.

I might be able to participate more activities if they were offered early evening between 5 and 7 pm.

More programs should be offered at Seniorlo actions.

Rockville senior center fitness center needs to be open 7 days a week.

Need more evening and weekend offerings Need classes that are interesting More art classes like still life

Many seniors really need employment. Help with updating skills, such as computer proficiency, advanced social media and other marketing skills, Counseling regarding what kind of work might be fitting and available. It is extremely hard to live in this area on social security alone. Classes on discounts available to seniors and advocate for lower taxes on property for all seniors, such as many communities have. Financial, tax, and help with household upkeep for widowed and other single seniors. Many feel so overwhelmed with the complexity and difficulty and stresses of life.

I am a regular user of the swim center. I am not sure conversion is possible, but a salt water pool would be so outstanding. I also think dedicated walking paths which have lovely and inviting landscaping would be appreciated and used heavily.

Most of my participation has been with exercise and strength training. May branch out as time goes on.

Centralized location not good

Offer Scrabble drop in, more adult relevant movies, improve tai chi instruction

no

Assistance on phone with Sr Center front desk/administration was excellent. Cooking class with Chef Lynda was fun.

I regularly get two copies of each senior newsletter. I have repeated called to cancel one of the subscriptions but they still come. This problem points to waste and poor management of the newsletter. Why not do a check of duplicates and purge them?

More affordable programs n events. Like Joan Adams.

I think the staff at the Rockville Senior Center are terrific. Overall the services in Rockville are just fine.

We enjoy programs offered at the F. Scott Fitzgerald Theater.

Nothing

Intermediate "woes" classes, ; Yoga for seniors

I am not old enough to take advantage of current senior services, so I have not sought it out. The biggest issues I see looking toward retirement are access. Parking is being replaced by new

developments approved by M&C, BUT public transit is less and less reliable so not an alternative! That would be the main reason for leaving Rockville after retirement.

I'm legally blind and physically disabled, and I'm interested in things that are lively, not a hospital atmosphere like the Senior Center. Although many my age don't use technology, I use it and am avidly interested in it. Think about what younger adults would be doing, and then whether it would work for older adults, too. Movies, plays, physical games (badminton, pool, etc.), dining out, concerts with transportation provided, pet tips, pet get-togethers, there's no limit.

See previous responses

I just turned 60 but look forward to continued use of senior citizen services.

Most fitness classes start at 6pm would like to see some start earlier like 5pm

not at present time

The programs offered at the Rockville Swim center are great!

none

Not at this time

I think Rockville offers an amazing array of programs/services for its adult 60 and over population. The cost to join the Senior Center is very reasonable, the staff is incredible without being condescending or overly effusive, and the gym is state of the art (a bargain). With transportation and the lunch program, I think the City is really making an effort to reach its senior population. Keep up the good work!

I'm satisfied with what I need and have at the moment.

Shooting, pool

No other comment at this time

Less interest in making money More interest in seniors Taxes pay for senior services should not have to pay to use them

Registration can be a problem since some classes fill up very quickly. I am not very confident to sign up on line so am forced to sign up in person which is a very slow process. I am sure that I am not the only person who feels that way.

More attention to infrastructure and class affordability.

Experiences have been positive and cover my interests at this point in time.

I've mention mah jong in earlier questions. For a while I drove to Gaithersburg to play mah jong because Rockville did not offer it.

Love the senior swim programs

There needs to be some interaction between Seniors. Poetry readings, Music and anything to keep the folks entertained. Those who like Religion, discussion on Religion.

right now, I live in Bethesda and am fully functional. I don't know what my needs/housing will be in future.

Since I've recently retired, I haven't had a chance to evaluate the overall programs of the senior Center.

Reduce taxes gir veterans or offer some discount like lowes dirs

Haven't been to the Senior center in years so don't know. What I read sounds good.

I have nothing to add.

programs at senior center for healthy, active adults

I want Rockville to remain walkable, and I want retail within walking distance. Keep retail at mixed use site in rockshire. Provide exercise challenges not on holidays when many people are traveling. Make sure exercise teachers know how to prevent injuries to the elderly... invite physical therapists to give talks on how to avoid injuries to joints.

Would be great if an academic program at reasonable price could be work out at Montegomery college perhaps I humanities or business that could be arranged. Or perhaps slots to audit a class. Would like more challenging activities not so arts and craft classes

could the senior membership fee be offered at different amounts depending on your level of usage of activities?

as a senior I look forward to exercise and taking classes on medical info. I would like more bus service and evening activities. Staff learn sign language to encourage more deaf. I would like to teach a sign language class for staff and seniors. Maybe a knitting and craft classes can be added. Have the braille newsletter out on time so I don't miss activities. counseling services are wonderful. Learning more about our struggles and how to prioritize. I would like to help with odd jobs around the center.

The social services program was of great help when I needed advice about in home and other help three years ago pre hip replacement.

Nothing special.

I attend water exercise classes at the Rockville Swim Center and would like to see a discount for Rockville residents and seniors at that facility. Our taxes help support that facility!

Can't think of anything at the moment...

no

I am on a very low income so cannot afford to pay for extras

My wife and I tried the senior citizen bowling - but had to drop this activity for medical reasons.

I am certain that wherever we move we will not get services or classes like Rockville offers. Good job Rockville. There is little promotion within the senior center or senior community of things happening like ShowStopper performances/Christmas show. I blame this mostly on the instructor.

I live on one of two streets in Rockville that are not in Rockville City even though my address is in Rockville. Even though the senior center is very convenient, I cannot join classes until the last week. Spaces may or may not be available. I have to pay more than double what other Rockville residents pay even though I have a Rockville address. This has been less than welcoming. If you have to charge me more, I would like to suggest charging some more but not double+ what it would cost if I was considered a "real" Rockville resident.

I really miss not receiving in the mail your booklet describing all the activities available each season. Is that something I should download? or where can I pick it up?

I enroll & participate in various classes and events. Most are very good. Some are over priced. Overall it works for me, Thanks

Thank you for your interest but I am too busy to attend the Senior center, I work part-time and belong

to L.A. Fitness so that is all I need for now.

My husband and I enjoy eating out often. There are a few high end restaurants with "fusion"-type food opening in Rockville. Unfortunately, good, American, mid priced restaurants are not easy to find. We have tried some in Town Center, but found the food to be pretty bad. Why doesn't Rockville have Houston's anymore? Or The Olive Garden? I have been told by restaurant owners in other locations that opening in Rockville is an expensive, long, drawn out process. Perhaps if Rockville were to reduce rents, and be more welcoming, successful chains as well as newcomers would surely come running.

Right now we only use the exercise facilities. And we are very pleased with those. I have no recommendations for other programs or services at this time.

Continue the physical fitness programs.

I'd like to see groups of seniors who would like to share their experience/interest in certain topic, for instance i'd like to be part of a group who'd like to discuss about political issues.

Keep doing what we are doing but more of it. Longer classes, more things that keep us thinking like Peeking at the Pressdient and News and Reviews. Drum Circle was wonderful we did today with Jon.

Generally very good- but costs/fees are rising Rec Guide is either not delivered or delivered late Staff all Excellent Some activities are not listed anywhere, specific trips for example, and has to rely on word of mouth

Some of the classes might be taught after working hours for those of us who continue to be employed.

Already done so

I am interested in how to obtain help with odd jobs at home and house maintenace (like snow shoveling). Some programs might be more attractive if they were for "older" vs "younger" seniors.

I didn't know there was a newsletter. I don't know if it is available if you are not a member? I had forgotten that a bus was available for grocery shopping. I don't know where it goes or when.

I have taken swimming & art which were very good. I am an Artist newly represented by a Gallery. I need a simple website created from a template. I want to know how to link my website to the Gallery website and that type of thing.

Taxes too high.

Like the evening exercise classes as cannot make the daytime ones but they are late & not right after work.

Again, I just don't use it often enough to have a valid opinion.

Send info via emails. Offer yoga, watercolor, martial arts classes

no

I need to investigate your services more, as I am new to Rockville. As older residents adopt technology, especially the internet, a robust web presence on the Main Rockville web page is desirable. That is my next step. If it is not robust now, I imagine students at the high school or college level, or professional experts would be willing to volunteer to create a "killer" web presence that helped you connect with your constituents. I think I will contact the center to see if I can use some of my own energy and volunteer to help out with that.

I think it is necessary to build cottages that have all living and dining and bathroom space on ONE LEVEL. Who are all of the 3 and 4 level townhouse for?. Not all seniors want to live in apartment buildings. Communities for seniors need to be realistic for today seniors!

not for now

I don't know what I would do without the RSC. It's my lifeline. I'm a widow & RSC is my social life during programs, etc. I love, need & attend exercise classes 3x per week & it keeps me healthy,love the Blood Pressure Clinic, gym, & lectures. Need a special exercise/lecture classes for Parkinsons. Also, computer classes for Apple iMac, & Apple products. I appreciate everything Rockville does for Seniors. Please continue this important & valuable service to us. Greatly appreciate more that you'll ever know.

Rockville seems to offer a lot and I will take more advantage of services when retired. Now daytime scheduled events are non-starters for me. Also many evening events since I commute to work downt

We haven't participated in any programs or services for adults 60 and older yet.

I'd like to see more satellite programs for all ages to create intergen community connections.

Emphasize more that the offerings are for anyone 60 or older

I do programs through OASIS, mostley at Montgomery Mall.

Fix heat and air conditioning in large room used for fitness classes.

See previous comments. Thanks.

What area does "rockville" include? All classes and offerings were well organized and satisfactory. Thank you

Senior Center Staff members are very nice and try to be helpful.

Having a community feel in our neighborhood. There are too many renters. Also, whoever wrote the survey needs to know how to spell Twinbrook.

N/A

Aside from gardening and cooking, my interests include the performing and fine arts. I wish there was a "bulletin board' that would facilitate people of like interests meeting, scheduling their own trips, etc. The City of Rockville might help facilitate events like concerts, plays, ballets, etc. when interest justifies purchase of blocks of tickets at lower price.

A list of recommended companies for home maintenance and snow removal that work with seniors.

Feedback on suggestions or complaints. A Q & A in the newsletter would be nice For example:

Q.The exercise room has been freezing lately. A. Heating engineers from....have been notified. The problem ought to be resolved by.... Q. People with walkers struggle to get into the exercise room. Can anything be done about this? A. Not at this time. We need X \$ to purchase a timer on the door that will allow it to remain open for 20 seconds to allow a person with a walker to gain access to the room. Currently we do not thavethe funds to purchase this. In the meantime we ask you to assist persons

with walkers to enter the exercise room when needed. There is currently no efficient mechanism to notify people what is being done in a timely manner. This could be done electronically by email, a column in the newletter by bulletin board, a compilation of suggestions and ANSWERS of suggstions in the suggestion box or a combination of all of the above.

For those of us who work, the hours of the fitness center are too short. If they could stay open until 8 or 8:30 pm, that would make it easier to get there after work. Plus, closing at 5 on Saturdays would be a huge improvement, plus being open on Sundays too. If we want to age in place then having access to daily exercise makes a huge difference for us. Working full time and getting to the fitness center for a good workout on Saturdays is a push with also needing to get everything else done too. There are a lot more people who work out there who agree!

Love the badminton free to seniors at Twinbrook and I play regularly. If there were fitness classes for active seniors there I would be interested.

The neighborhood resource position could be used more in reaching out to the needs of the community. Is there a way to coordinate those positions with the Senior Center positions? Seems there is a need for staff to work closer together.

Rockville Seniors, Inc., is dysfunctional. It should be disbanded and replaced with a nonprofit with a small board and a paid, part-time executive director. Rockville Seniors deserve better than RSI. Here's an acid test: At present, RSI membership is automatic for members of the Senior Center. Instead, require Senior Center members to "opt in" and pay a \$10/year membership fee. You might discover that most Senior Center members don't think RSI is worth even that.

Rockville has a lot to offer for Seniors

More opportunities for life enrichment are provided than I can use, because I am involved with church (worship and service), family, and similar activities in my retirement community.

Right now, I have a full plate at Senior Center. Can't think of any thing else I would add to my busy schedule.

work with Johns Hopkins to share wider range of classes similar to osher. more of a senior network opportunity and support system for emergencies, etc.

I would like to go fishing. Are there any programs that would get me out of the house and able to fish once in a while?

I have been a regular participant at the Senior Center since I became eligible to join. The staff is superb and always helpful. Having this facility is one of the factors that went into our decision to stay in Rockville.

Seniors in need of downsizing do not have adequate housing in Rockville City

nο

Program offerings such as the OASIS type programs

Program/services are fine, staff is excellent. The new exercise room is a disappointment. If it was built correctly it would be heated properly, the A/C would have been good in the first place and there would be no need for the noisy dehumidifier. Then it was made worse by adding four monster speakers which detract from the sound of the instructor. Just to be clear I am NOT referring to the machine room. It, the exercise machine room, does not seem to have problems.

Gym and fitness programs are excellent. Good wood shop

I enjoy rockville senior center! Services in rockville are great, such as recycling, trash removal, and maintaining streets (snow removal and leaf pick up)

Senior and swim center are much appreciated. Fitness, wellness, computer classes and services, and personal trainers are much appreciated. Though I am not low income, I think it is commendable that services are provided for low income and I am happy to pay taxes for this if it is needed.

Great exercise classes! Like for supper club to continue.

I have been an active member for 20 years. the activities are etc. have helped me have a very fulfilling life as I age. Keep it up, Thank you!

The staff is patient, thoughtful, encouraging and talented. We are lucky to be in such great hands. The facility is kept looking clean and looking like it is cared for.

Love the rockville senior center amenities in general. The staff and esp. the fitness center

Instructors are excellent. More exercises for posture.

Do your best to encourage the mayor in council members to continue funding the senior center programs

All the staff are wonderful! I feel very welcome and comfortable here

thank you for the wonderful programs at the rockville senior center

I love the Senior Aerobics, Zumba Gold and Book Club. Chris is amazing!

Lived in the city for 30years and more. Taxes are too high for seniors. Our medicare costs and taxes go up but our social security stayed the same. I am right at the lowest part of the middle income and there is no relief for me

The fitness center is excellent, except it lacks showers. The location of the Senior Center is something of a problem, I am closer to the Swim Center.

This survey is harder to find than it ought to be. The address at the Senior Center says www.rockvillemd/seniorstudy That address doesn't work!

The presentations from outside groups or individuals are very interesting but sometimes two are offered at the same time. It would be great if those could be offered at multiple times. I do realize that this may be difficult

you are doing an excellent job. all are helpful and friendly

Nothing at this time. I lost my wife 2 years ago

Worked and lived in my house for over 33 years . Offer tax reductions for senior who have supported the city for over 30 years.

Grateful to have such a variety of services to attend.

More socialization opportunities needed. Movies, book clubs, service opportunities.

Suggest that staff should wear name badges. Staff are very friendly and helpful but deserved to be addressed by name. Newsletter is rather worthless. The "tips" provided are the same stuff provided elsewhere, such as AARP publications. I only check it for upcoming movie offerings.

I am satisfied. Everything is okay. Senior center is very good. The persons who work at there are nice and kind.

Very fun from my perspective.

Thank you for the wonderful programs!

Would like to see a more robust/informative monthly newsletter. Would be interested in local group

trips. Museums, ball games, lectures.

Thank goodness the card room finally isnt freezing all the time!

I enjoy the activities at the senior center, just want greater variety. Especially like and take advantage of exercise classes--love Chris. Enjoy classes on history like underground RR, presidents and presidents wives. Expand movie offerings.

The Rockvillle Senior Center is a fantastic resource and is what I would miss most if we ever move out of the area.

I would like to see the Library at RSC open on Saturdays so that I can borrow reading materials. Thank you

Live and Learn Bethesda offers high quality classes for \$15 each. I much prefer them to the free or less expensive ones offered by the RSC. Please consider approaching Bev Amsterdam, its director, for possible joint programming at the RSC.

Not at this time

I dont take advantage of very many classes because I am fairly busy. I come for socialization to keep from being a total recluse. Usually bring my own salad except for chinese friday. I do the carnation players to satisfy the show off in me. The Fitness room is great and wonderfully priced for a far advanced middle age dude. I also very much need to use it. I enjoy YIH, birthday parties, monthly dinners, and entertainment.

Since there are so many Asian american residents in rockville would like to see more multicultural events in all centers across rockville.

Every year on international day the Center could as two or three members to share the history of their birth country. This can help us to know each other better.

I am very impressed with the services provided to the senior citizens.

Keep up the good work! And a thank you on behalf of all seniors that use the services.

Could you have more motivational classes? Talk about how our lives still matter at this age.

Can you add more classes about diabetes, nutrition etc.

Physical fitness programs are EXCELLENT and essential for well-being of seniors. Keep offering these programs, and add to the staff that conducts them.

not enough information is available to seniors and Rockville does not really provide good services to seniors we a left out in the cold very poor service for such an expensive place to live in

Book club, senior meet ups for discussing, politics, social events, walking group

I might try a fitness class. Right now drop in at the fitness center suits me best. Don't really have time for evening activities and I work days so I'd say I'm participating and finding activities that suit my needs.

In talking with many of my friends in other communities, Rockville has some great programs and opportunities for the senior population.

Like the Watercolror classes... Peeking at the Presidents

Like what is happenning

None available now .. Adult day care programs should be more accessible, with shuttle service, none

available. Meals on wheels program. Driving education for 70 and older

Once again I want to commend the staff at the RSC. They are professional and friendly. They treat the seniors at the Center as if they were family. The staff knows the names of many seniors and offer additional help when needed.

PSC can promote understanding amoung people by sharing different cultures. Hope RSC can celebrate Lunar New Year in Feb or May by holding a celebration organized by the Chinese, Korean and Indian members. The celebration can be help on Friday from 10:45-12:45 so that people can enjoy Chinese Lunch at the same time.

Should open longer on Saturday

Love the fitness center

As I said, very happy with orograms and trips available to me. Like craft classes, educational programs and trips.

Would like retail available within walking distance. Its easier to age in place as we age and lose driving ability. Dont allow property owners to replace retail space with housing. e.g Rockshire shopping center Programs should limit places that require much walking. Although museums and historic places are great, places to visit and desired people with limited walking ability would prefer theaters. A variety of programs should be able to offered to accommodate all seniors.

1) Computer lab is very helpful to sharpen skills 2) Job training 3) Class in how to recover financially from divorce for us who have been divorced after 30 plus years of marriage. 4) A class in politically advocating for yourself. Would also like to know which County Council member represents my district

friendly and well-run facility

TAXES< TAXES

I've enjoyed the classes I've take and hope to do more. I feel I'm just getting started with activities offered for seniors. It makes me feel good to a have a place to go for seniors for classes and activities.

I really like the Fitness Center.

The Senior Center exercise room is a first-class operation. It just keeps getting better.

I have been on some of your trips in the past and they were very good, but they are hard to get on. A very limited number of people can go on each trip.

Fix the dressing rooms at the aquatic center. They are discussing.

The quality and variety of fitness programs and instructors is the best. Always praising the Center about their programs and personnel. Have encouraged others to join. I have met some of the nicest people through the classes and many wonderful friendships have developed. We care and are concerned for each other. The diversity and bounding of cultures is so rewarding. So happy to be part of the Rockville Senior Center "family".

No. I don't think so

I have taken painting classes. The teacher is great. The facility is good, and there is enough parking.

All is well.

the exercise area is wonderful; staff is very nice and helpful; very clean; well-kept. Appreciate all that

you do '

i still play golf in a private league, i play music, bridge, pool mostly at county venues. i was a member at Rockville center for years and was very active but broke my arm just playing batminton from my poor balance, etc Afraid to chance doing it again

I think it is all working very well and feel very fortunate to be living in Rockville where such excellent senior services are provided.

These services are a key reason I am thinking of staying here when I retire.

I participate in Aqua Fit at the Rockville Swim Center and like it very much.

Programs encourage me to do things that I wouldn't do otherwise - birthdays, supper club, seminars, exercise classes, gym.

The woodworking shop is well equipped, and its hours of operation are adequate. The people who work there are knowledgeable and pleasant.

The Thomas Farm Community Center is great. The only problem is the air quality. They tried to bring in new fans for exercise classes, but they don't oscillate, so for such a big room, they don help much. Could they invest in a few fans that oscillate? Thanks.

I miss the way Jackie Cristiano ran her class.

programs similar to oasis and oscher

I think the senior center should have a language class or classes in Spanish. Who wants to learn French?

It would be nice if the City maintained a database of young people who would be willing to help with certain chores when needed (eg. snow shoveling, dog walking etc.)

?

I would love it if the fitness center were open on Sunday afternoons and a little late during the week.

So, I wonder about more intergenertional programs that allow younger and older people to interact and for the young to learn from the older and the older to learn from the youngerm, rather than segregating by age.

Could consideration be given to allowing those of us who live just across the Rockville line one block resident membership in the senior center and activities?

please grandfather our property taxes, our income is limited, can't afford the high property taxes. would you please grandfather our property tax at a discount rate, like California. this will retain residents, make it more affordable

I would like to see more programs which allow more interaction on the social level. It appears that most interaction is strongest among ethnics groups.

Not right now.

The drop in senior basketball program (50 and over) is excellent. We play 2 days a week at Thomas Farm and 2 days at Bauer Drive. I ask a Virginia resident and commute to Rockville to take part in these programs which have no equivalent in Northern Virginia. I have a son and his family who are Rockville residebnts

No

None at this time.

Painting advanced class and group with a very good instructor. Free or cheap. Consulting for seniors. It should be in their own language if there is availability. I see even American that they are lonely or need consulting. Talking about different cultures with some movies about those nations. Arranging short trips. COMPUTER AND DIGHITAL CLASSES FREE FOR SENIORS. REPAIRS FREE TOO.

City should strongly lobby MD State,, County, and City for new/revised legislation to reduce tax burden on seniors

I enjoy music and singing and have been with the Rockville Chorus for over 25 years...

I've enjoyed the exercise classes offered through the senior programs & find the costs more than reasonable. I would, however, like more options at Thomas Farm. I do have to admit that I am in the minority of seniors who like early morning classes, particularly at Thomas Farm. I loathe dealing with early morning traffic to go to the senior center.

The fitness programs and gym at the Swim Center work well. Would like to know more about programs at Montgomery College that would be of interest to seniors. There seem to be many evening programs of interest at the Parilla Performing Arts Center and many empty seats at those performances but finding out about them is very hit or miss.

I love the Senior Center and all that it offers. The variety of exercise classes is great, in addition to the fitness room. I would suggest, somewhere in the Recreation Guide or on the website, explaining how Bingo works. It sounds like fun, but it isn't clear how much it costs, should you bring your own dabber, etc.

I am quite happy with the center

Rockville Senior Center is a great asset to the city. I especially like Science Tuesday programs. I am a Senior Center member and am already on mailing list.

I had a very good experience with the classes on using my digital camera. I would like to be able to have some review/refresher course that dealt with the different features of my camera.

I use the Rockville Swim Center, but not for senior programs.

I like the gift and thrift shops and library.

took interesting computer classes- up to date and relevant --- at this time I do not need more of these classes

I am very happy with your services

no

At the present time, I prefer to take regular classes because they are a challenge. Sr. Classes were not a challenge.

I heard Line dance is very good for senior. I love to try . I need to exercise with a group in order to keep doing that.

Don't know.

The environment is a little too senior for me.

At this time my interests are well represented in the classes and workshops offered, the variety is good,

and the staff is helpful. Perhaps more information on govt. sponsored benefits, as related to seniors might be helpful, as well as keeping seniors aware of scams directed to the senior population.

The variety of programs meets my needs.

I would like an attorney who would be able to give legal services, or just answer a question or two. I believe their is money allocated for this type of service.

plants: native & non-native invasive species, as well as general gardening. Popular fiction.

1] Need a center at Wootton High School or close by. 2] Attorney's services for issues in old age at no cost.

I'm very happy joining Rockville program now.

safety and security of the citizens

I live outside Rockville, so the programs are very expensive for me. Since I live in the county, all available programs consider me a non-resident. The cost is prohibitive.

I enjoy the classes/lectures that are taught only a few times each month such as the ones on the Presidents, etc. I would like to see more lectures on travel, current events, etc.

Many of the programs I would participate in are offered during the day. Since I'm still working full time, I cannot attend these programs.

Particularly like the fitness center

We live in Potomac. I would appreciate a somewhat lower fee for joining the Center. Thank you.

I had a horrible experience at one of the trips to a restaurant to the new harbor facilities. I wrote both to the center and the restaurant. Neither bothered to answer. Clearly, customer satisfaction is unimportant both to the center and those with whom they do business. My money will be better spent elsewhere.

Please mail or email the monthly newsletter from the senior center, and maybe I could come to some things during the evening, or the days I am not babysitting. I also would like to participate in some trips.

I think the services and programs are exceptional. The facility is lovely and everyone I have had contact with is very helpful and friendly.

The fitness center is great.

We live in Fallsmead Community and would like to have more trees planted along the sidewalks so we could walk to city center on nice days.

In my opinion all the Events & programs conducted by the organizers & staffs of Rockville Senior Center are excellent and deserve appreciation.

My needs are met

I don't have any special needs I couldn't find at the Rockville senior center.

I have a mother in law (92 yrs old). I would like some services for her. She is reluctant to go the Senior Center. Would feel lost, wouldn't know anyone there. transportation main issue.

The only way I know of to find out what is going on at the senior center is the recreation guide. I think you could find some other ways of distributing the information. Also, I could be wrong about this because I haven't really investigated the senior center, but my impression is that the programs are

geared toward older seniors, which is great, but not appealing toward more active seniors.

I enjoy living in Rockville.

It would be great if the Fitness Center was open on Sunday.

Indoor tennis lessons for seniors would great.

Would like to see classes in Bridge and social media expanded

Mahjong Groups

I am pleased with the whole program.

An earlier senior fit program would be nice so that we could exercise and get on with our day. I currently go, to the Bauer Park 9:00 class

Used to take yoga at Twin Brook Community Center. Cost was higher if you lived outside the city of Rockville. Why is that? I would think that the Center was built with County funds not City funds.

Keep looking for good speakers.

as I near retirement, I'll be more interested in activities through the senior center. But since I don't live in Rockville (I live in Olney), I may find other groups and locations more accessible.

none

Not now.

I love the aerobic and forever fit classes offered on Tuesday and Thursday's...they are wonderful.

no comment

Would like senior prices for the Rockville swim center

music

classes and trips fill up before I get my hard copy rockville newsletter.

continue and expand the offered classes in the computer room

I truly appreciate the can service to the center otherwise I wouldn't be able to attend. The staff are very helpful.

The senior center is terrific. They could use more room so they can expand their offerings and some additional support so they can afford to do so

I have taken a computer class & currently taking a water exercise class & have been extremely satisfied with both. I will definitely continue to use your wonderful services. Very affordable too.

I am still working full time and do not have time to participate in the programs offered. I do hope to take advantage of the senior services in the future.

I would like to take quilting classes

I think the program is excellent overall but would like to see more classes on helping seniors transition from working to having a good quality of life in returement.

No

Like to learn about senior transportation and planning to use senior transportation program in the future. Is it expensive?

I am interested in outdoor things, like hiking or nature walks

I have attended classes & programs in hopes of getting to know other members of the community but no formal activity provide this opportunity

keep the wood shop going

I've taken courses in the Fitness center. It's been good for my health and a good way to meet people my age and opportunity to socialize.

Increase budget for security monitors; also TV monitors that show activities. Incorporate a Senior Section in Rockville Report; incorporate a tax advantage for Rockville Seniors.

more parking

I believe the success of the Senior Center directly relates to the friendly, positive and supportive staff!

Would like Fitness Room weekend hours expanded. The City should be supportive in being proactive to encourage a healthier, more active senior community.

Want bike lanes without cars next to bikes; small cafes to eat in not noisy, good food, reasonable priced, more social events to meet others in Rockville

Since I'm just looking for experiences in retired living, I'm not sure what would work for me.

I would like to have the opportunity to try oil painting, sculpture, pottery and perhaps others. I would interested to be part of a group to discuss possibilities of all types. I want to add that i like having such a wonderful place so close to home to socialize. The RSC is a large part of keeping me active.

I am taking some classes and they are quite good. Computer Lab is very good.

The staff is great!

more movies in the afternoon, like once a week, perhaps

I think the Senior Center is a great asset to Rockville. I expect to attend more programs and classes in the future and plan to join the Fitness Center in the soring.

Please improve Jerry's performance. Many people aren't impressed either by his referrals or his personality.

I will think about this question.

Gardening classes

For me the current seniors program work well for me

Currently, I am satisfied with services. Thank you.

Everything is OK

I go to Holiday Park Senior Center. There are T'ai Chi classes using fans and swords, Chinese dancing classes and we do not need to pay class fee. All of the instructors are volunteers

I like the beginning watercolor class that I am taking.

Enlarge the center and add more parking. Sometimes our favorite classes fill up and we can't sign up for them because they are full. If we built an addition to the center, we would also need more parking.

ive never seen a major change because of one of these surveys!

Increase health and wellness professional programs. Development of wills and trusts programs.

The staff at the center are great. Be certain to coordinate with faith based agencies and NGO's so that services aren't duplicated and can be enhanced i.e villages concept. Social events are great during the day.

Keep doing what you are doing. Do not try to be all things to all people.

I appriciate the whole center! The thrift shop where I volunteer three to four days a week as helped me

make friends, keeps me busy, and gets me out of the house.

Your newsletter isnt very useful, helpful or inspiring.

enjoy trips and special events and exercise claases

would like a main entrance off of Gude Drive

I would like to see a program that works with Rockville businesses to find "internships" with local companies.

When trips are planned people should be able if they want to participate to have a much better chance to do so I do not like your current system of "lottery"

none

Yes unwanted calls from 1) DONATION SOLICITORS. 2) LAWYERS SENDING LEGAL NOTICES FOR PAYMENT WITHOUT PROVIDING EVIDENCE OF SERVICE PROVIDED TO US BY THEIR CLIENTS

programs that were of interest were during working hours, so I kind of stopped looking.

Rockville needs to consider lowering taxes for those over 70 if they really want people to age in place. There are better things to do than offer energy saving toilets to seniors. Think outside the box and be one of the first to offer reduced taxes for seniors.

Affordable housing. I have lived in the city for over 30 years. And would like to move into a smaller place lite the cottages at the Village of Rockville. The wait list is long, several years This should indicate to the city the need for affordable senior housing.

-

Their senior center does wonderful work. They are the top shelf of the community and those who serve the community.

The senior center does wonderful work. They are TOP SHELF of the community and those who serve the community.

Can you add classes and information sessions about diabetes, nutrition etc.

Can you add motivational classes. Talk about how our lives still matter at this age.

Please keep up the good work you do for the people in need. God bless all the hard workers and their dedicated loyalty to their missions.

I would just like to say everybody here is so nice, I just love them for everything they do for me. I greatly appreciate it,

I continue to be impressed with the quality of your services, employees and range of activities. Betty Figular is a gift to this center. Thank you for your fine programs and for those who keep it meaningful as well as useful to this community and its neighbors.

Please schedule Sharrons chair exercise class three times a week and friday 11-12. We have asked for it over and over. You are losing money because you get money from her 20 students while some classes only have five students.

I WOULLD LOVE IT IF THE WATER IN THE POOL WAS TWO TO THREE DEGREES CONSISENTLY WARMER.

You are doing a good job of providing programs and services.

Information and home visits are very important.

It would be helpful for the city to empower people to live independently. Also value and individually contribution to community as a whole.